



2012 CVA Convention by the Sea

May 4 – 6, 2012

Asilomar (Pacific Grove) California



Join us for 3 memorable days on the spectacular **Monterey Peninsula** at the 2012 CVA Convention, sponsored by the South Bay Striders. In addition to walks along the coast and in quaint Pacific Grove, we will have a variety of social activities and, on Saturday, the annual CVA business meeting. All activities will take place at beautiful and historic Asilomar, a fully-contained conference center located within minutes of many world-famous points of interest along the Pacific Coast. This event is open to everyone and is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports.

The Walks

There will be 3 walks, all starting from Asilomar.

Start times: Friday 12 NOON – 3:00 PM; Sat/Sun 8:00 AM – 12 NOON

NOTE: To offset the daily state park fee charged by Asilomar, convention walks will be \$5.00 for credit and \$3.00 for "no credit." There will be no free walks.



Lovers Point: PA91206

10K & 5K – Rated 1B

Starting from Asilomar, you will walk along the ocean on dirt paths and boardwalks to the famous Lovers Point. Bring a jacket as the ocean breezes can be cool. Bring binoculars to see whale activity or otters frolicking! Not suitable for wheelchairs due to unpaved pathway, but strollers are OK with determined parents. Pets are OK with cleanup. Restrooms are available along the route.

Pacific Grove Town Walk: PA91207

10K & 5K – Rated 1A

This walk, which also starts from Asilomar, explores the picturesque town of Pacific Grove, also known as "Butterfly Town, U.S.A." in honor of its natural Monarch butterfly sanctuary. Every year more than 25,000 Monarch butterflies migrate here to winter under the protective watch of local citizens and law enforcement. The famous Monterey Bay Aquarium is also here. This walk is suitable for strollers (easy) and wheelchairs (medium). Pets are OK with cleanup. Restrooms are available along the route.

Pebble Beach: PA91205

10K & 5K – Rated 1B

Internationally known Pebble Beach golf course is a highlight of both the 10k and 5k walks! Beginning at Asilomar, the 10k route includes a former railroad bed (now packed dirt), a trail alongside Spanish Bay resort and golf course, portions of scenic 17-mile Drive and some Monterey beach. Trails are difficult for both wheelchairs and strollers. Pets are OK with cleanup. Restrooms are available at Asilomar and along the routes.

Water will be available at the Start table and should be carried along the route. The sponsors are not liable for accidents, thefts and/or material damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.



The Award

The 2012 CVA Convention award is a blue and white canvas beach bag with the convention logo (shown above). It's large enough to hold a beach towel, a swimsuit and other seaside essentials! The award is \$17.00 and can be ordered with pre-registration.

Accommodations

Rooms at Asilomar

We have reserved a block of rooms at Asilomar. Please check our website: www.sbstriders.org for pricing. Each room has two double beds and a “ready-to-light” wood-burning fireplace. Rooms are priced per person, based on the number of people in the room (up to 4). The rate includes a total of 6 meals per person for the weekend. Reservations must be made with your online registration on our website: www.sbstriders.org. **Please note registration/payment deadlines below.**

Camping

There is an RV campground at Monterey County Fairgrounds, approximately 6 miles from Asilomar. Please contact them directly. Camp Host: 831.657.9347 / Office: 831.372.5863.

NOTE: If you are not staying at Asilomar you may purchase meal vouchers with your online registration.

Social Events

In addition to the walks and the CVA annual meeting, we will have 3 social events: A “scavenger hunt” that will take place from opening on Friday through start table close on Saturday. The purpose is to help you learn about the area, get to know each other and, of course, have fun! We’ll also have a campfire and S’mores on Friday night and a group dinner on Saturday. Sign up for these events with your online registration.

Pre-Registration

Registration for the 2012 CVA Convention by the Sea is **online** at www.sbstriders.org. All the information you need about pricing, travel to Asilomar, etc. is on the site, as well as links to more information about the area.

Payment Due Dates:

Full payment for accommodations is due by **January 15, 2012**. If you make your full accommodation payment by **December 15, 2011** you will receive Asilomar’s 2011 room rates quoted on our website.

Driving Directions:

Asilomar Conference Grounds, 800 Asilomar Ave. From the north or south take Hwy 101 to Hwy 156 WEST. Then take Hwy 1 SOUTH to Hwy 68. Take Exit 399A. Drive 3 miles. Turn LEFT onto Sunset Drive (this is still Hwy 68). Go 1 mile. Turn RIGHT onto Asilomar Ave. Turn RIGHT onto Sinex Ave. Look for the signs and IVV banner immediately on your right. Park along Sinex Ave. Start Point is in the first brown building on your right (Kiln Building).



2012 CVA Convention Schedule of Events

Day	Time	Event
FRIDAY 5/4	Noon – 5:30 pm	Convention starts. Start/Finish tables open.
	8:00 pm	Asilomar – Campfire and S’mores at the fire pit. Pre-registration required.
SATURDAY 5/5	7:00 am – 5:30 pm	Start/Finish tables open.
	1:30 pm	Business meeting in Kiln Room.
	6:00 pm – 7:00 pm	CVA Convention Group Dinner. Pre-registration required.
SUNDAY 5/6	8:00 am – NOON	Start/Finish tables open.
	1:00 pm	Convention closes.

You “Otter” Come Walk with Us!!!!