

PROCEDURES: This event is open to everyone. Volkssports are noncompetitive events. Each participant, whether free or paid, must register and sign an Amateur Athletic Waiver and Release of Liability (Parent or Guardian must sign for a minor) at the start point. A control (start) card will be issued upon registration that must be carried during the walk, validated at control points along the route, and turned in at the finish upon completion of the walk. Children under 12 must be accompanied by an adult.

TAHOE TRAIL TREKKERS: If you enjoy walking, hiking, and kayaking for exercise or for pleasure, being outdoors, sightseeing, history, seeing new places and meeting nice people, you will love volkswalking and the Tahoe Trail Trekkers. The TTT Volkssport Club of the Tahoe area is one of the largest and most active walking/kayaking clubs in Northern California, and takes special pride in providing quality events throughout the Tahoe area. Historic and scenic sites/trails provide the backdrop for these noncompetitive sporting events winter or summer.

For Additional Fun!

There will be (group) “Friendship Walks” on....

Friday, June 26—Squaw Valley—Tahoma Seasonal YRE at noon.

Sunday, June 28—Squaw Valley—Olympic Valley Seasonal YRE at 9:00 a.m.

*Each Squaw Valley YRE qualifies for the “Walk Like an Olympian” Special Program.

DISCLAIMER: The sponsors are not liable for accidents, thefts, and/or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

Lake Tahoe the Tahoe Trail Trekkers #489

present:

VOLKSWALK at Lake Tahoe, CA
Emerald Bay/Rubicon Trail South

June 27, 2020

5k or 10k (3.1 or 6.2 Miles)

Sanction #PA20/116396



Special Programs: County: El Dorado. Walking the USA
A-Z, Walking with Woody



For more information on AVA visit: www.ava.org

START/FINISH TIME: 9:00am to 1:00pm –finish by 4pm.

SANCTION #PA20/116396

RATING: Both 5k and 10k routes are 2B. Neither suitable for wheelchairs or strollers.

START LOCATION: Campfire Center at Upper Eagle Point Campground parking lot in Emerald Bay State Park. 38.9512907 120.0857307 Emerald Bay Rd., CA, 96150, follow the signs for Emerald Bay State Park Campground

DISTANCES/TRAIL: Walk along the upper Rubicon Trail descending to lake-level at the Vikingsholm Castle (you may want to take a tour, extra fee). 5k walkers will retrace their steps back to the start/finish. 10k walkers will continue along a level bayside trail passing the checkpoint for a few meters, then turnaround and retrace their steps back to the Vikingsholm, and up the trail to the start/finish. Walkers will come upon breathtaking scenery, wildlife, and occasional picnic spots along the entire trail, thus making for a most enjoyable event.

AWARD: none

REGISTRATION: Credit only is \$3.00. You may walk for **free** if no credit is desired. Credit refunds cannot be provided. No Pre-registration for this event.

MISCELLANEOUS: Water and restrooms are available at start/finish and at the Vikingsholm/5k turnaround. 10k walkers, no more restrooms after 5k turnaround until returning to the Vikingsholm. Hiking sticks advisable, carry water, no dogs. There is a \$10.00 park entrance fee. Carpooling is recommended.

STIPULATIONS: This event is sanctioned by the American Volkssport Association (AVA) a member of the International Federation of Popular Sports and counts towards the acquisition of IVV Achievement Awards. With registration for this event, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. This walk event will take place regardless of the weather conditions.

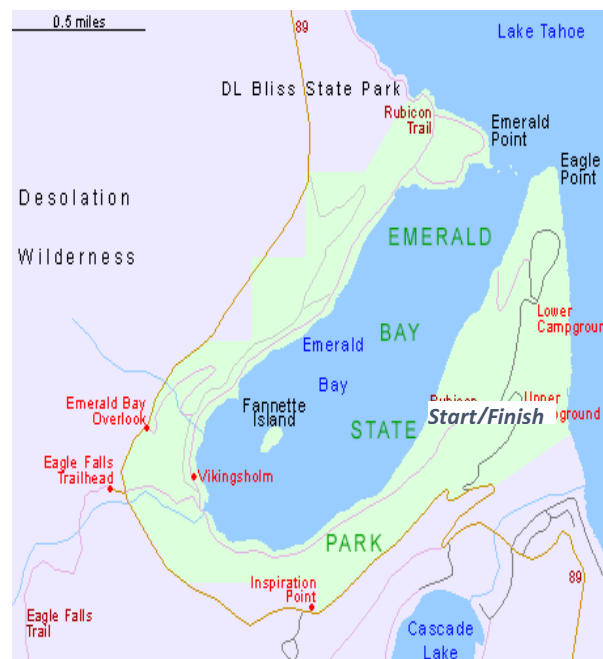
ADDITIONAL INFORMATION: POC Betsy McDevitt
betsywalks@gmail.com 530-412-4453
Website: www.tahoetrailtrekkers.org

DIRECTIONS: From the Tahoe City "Y" drive **south** on Hwy 89 for 20 miles to Emerald Bay State Park. Sign is on the right, but you must turn sharp **LEFT** to enter the park.

From the South Lake "Y" drive **north** on Hwy 89 for ~12 miles Emerald Bay State Park. Sign is on your right and turn **RIGHT** to enter the park.

BOTH: After passing the kiosk, \$10.00 fee, continue on the campground road until you see a dirt parking lot and AVA Banner. Park there and use signage to find the start/finish point at the Campfire Center.

Tahoe City-----X



South Lake Tahoe-----X