

PROCEDURES: This event is open to everyone. Volkssports are noncompetitive events. Each participant, whether free or paid, must register and sign an Amateur Athletic Waiver and Release of Liability (Parent or Guardian must sign for a minor) at the start point. A control (start) card will be issued upon registration that must be carried during the walk, validated at control points along the route, and turned in at the finish upon completion of the walk. Children under 12 must be accompanied by an adult.

DISCLAIMER: The sponsors are not liable for accidents, thefts, and/or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

TAHOE TRAIL TREKKERS: If you enjoy walking, hiking, and kayaking for exercise or for pleasure, being outdoors, sightseeing, history, seeing new places and meeting nice people, you will love volkswalking and the Tahoe Trail Trekkers Volkssport Club. The TTT are one of the most active walking/kayaking clubs in Northern California and takes special pride in providing quality events throughout the Tahoe area. Historic and scenic sites/trails provide the backdrop for these noncompetitive sporting events winter or summer. Check out our Seasonal and Year-Round Events --

NEVADA-YREs:

Carson City--Capital Neighborhoods, starts at Hardman House Hotel 917 North Carson St. Carson City 89701
Reno Historic and Reno-UNR/San Rafael, starts at Nat'l Automobile Museum, 10 Lake St. South, Reno 89501

CALIFORNIA-SEs open 5-1 thru 11-30-22:

Olympic Valley--Squaw Valley, starts at The Village at Squaw Valley, 1750 Village East Rd. Olympic Valley, 96146
Tahoe City--Lake Forest, and Tahoma--Squaw Valley, start at Tahoe House Bakery & Gourmet, 625 West Lake Blvd., Tahoe City, 96145
Truckee--Steiners' Memorial River Walk, starts at Hampton Inn & Suites Tahoe-Truckee, 11951 CA Hwy #267 Truckee, 96161

Website: www.tahoetrailtrekkers.org

Tahoe Trail Trekkers
invite you to a
SPRING STROLL
at the SPARKS MARINA

April 30, 2022

5k, 10k or 11k (3.1, 6.2 or 6.8 miles)

Sanction #PA22/121426



For more information on AVA visit: www.ava.org



START/ FINISH TIME: 9:30am to 12:30pm
–finish by 4pm.

SANCTION #PA22/121426

RATING: All routes are 1A. Strollers easy with one long but gentle uphill. Wheelchair route available.

START LOCATION: National Automobile Museum, 10 Lake St. S, Reno, NV. Drive 7 miles to walk start point in Legends Outdoor Mall, Sparks, NV

DISTANCES/ TRAIL: Stroll around the beautiful Sparks Marina. Hopefully the trees will be in bloom. Watch for ducks and playful squirrels. Legends outdoor mall showcases influential people and events of Nevada with sidewalk plaques and statues. Discover historical sites in downtown Sparks. You'll also pass several new murals and sculptures erected summer of 2021. There are many eateries in Legends and downtown. 5k = marina & mall, 10k = marina & downtown, 11k = marina, downtown & mall.

AWARD: none

REGISTRATION: Credit only is \$3.00. You may walk for free if no credit is desired, donations appreciated. Credit refunds cannot be provided. No pre-registration for this event. **NOTE:** The YRE box will be at the start table so you may also sign up for the Sunday Friendship Walk or either of the YRE's. Please fill out YRE start card and pay separate from the Marina Stroll.

GROUP WALK: meet 10am at the walk start point in Legends Mall to walk with friends or make new friends. POC will provide commentary on history and culture for those interested.

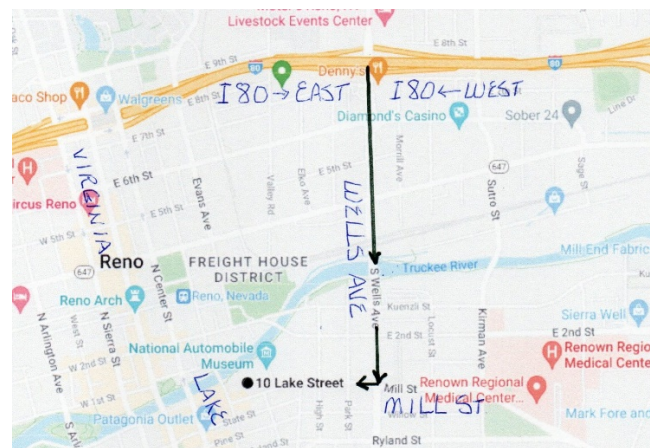
SPECIAL PROGRAMS: Walking the USA, A-Z (letter S), Walking with America's Veterans.

MISCELLANEOUS: Water and restrooms are available at start/finish, in the mall and in the Nugget Casino downtown. Dogs ok on leash with cleanup. Masks not currently mandated although individual business may require one. Please wear one at the Start/Finish table.

STIPULATIONS: This event is sanctioned by the American Volkssport Association (AVA) a member of the International Federation of Popular Sports and counts towards the acquisition of IVV Achievement Awards. With registration for this event, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. This walk event will take place regardless of the weather conditions.

ADDITIONAL INFORMATION POC: Judy Gordon 775-331-9296/ day of event 775-843-4503 renoajag775@juno.com
Website: www.tahoetrailtrekkers.org

DIRECTIONS: I-80 east or west, exit Wells Ave. Eastbound turn RIGHT, westbound turn LEFT onto Wells Ave. After crossing the bridge turn RIGHT onto Mill St. then RIGHT onto Museum Dr. Parking lot on left. Directions to the walk start point will be provided at the start/finish table.



For Additional Fun!

There will be a "Friendship Walk" on Sunday, May 1, for the UNR/San Rafael YRE (eligible for the "University Walkin" Special Program).

REGISTER: You can sign up & get directions when registering for the Saturday Marina Stroll.

MEET: 9:00 am. Walk on your own or guided by POC.

START POINT: Rancho San Rafael Park 1595 N. Sierra in first parking lot.

NOTE: this will be a variation of the YRE directions so 5k'ers can visit both UNR and the park.