



**Cool Off on the Central Coast!  
Cambria and the Estero Bluffs  
Saturday and Sunday, October 22 & 23, 2022**



**Saturday Start location:** The Bluebird Inn, 1880 Main St, Cambria, CA 93428

**Start time:** Register between 8:00 a.m. till 12:00 Noon

**Finish time:** Everyone must be signed back in by 3:00 p.m.

**Distance-Trail ratings:** 5k (3.1 miles) – 2A and 10k (6.2 miles) – 2B



**Saturday Route description:** The Cambria Scarecrows are BACK! Join us for a stroll along the quaint Cambria streets to see many life-size scarecrows fashioned after famous historical and literary characters. Dinosaurs and wild animals even get in the act! Our 5k keeps us in town to see all the scarecrows, while the 10k goes out to the Moonstone Beach Boardwalk and back along Santa Rosa Creek. Artistic creations and scenic vistas, all in one walk!

**A wonderful chance to connect Saturday evening!**

We are bringing back our Saturday evening get-together again this year! The lovely Linn's Restaurant (home of the world-famous Olallieberry Pie!) is our venue again this year, and we can't wait to see our walking buddies from all over the state.

We promised to have 20 guests so we can have the beautiful upstairs room, so please don't be shy about signing up! Click on or type this link into your browser, and enjoy a wonderful early-evening (5:00 pm) meal with your walking friends:

<http://bit.ly/CambriaWalkDinner>



**Sunday Start location:** Cayucos Skate Park Parking Lot at the corner of Ocean Ave and Ocean Front Ave

**Start time:** Register between 8:00 a.m. till 11:00

**Finish time:** Everyone must be signed back in by 2:00 p.m.

**Distance-Trail ratings:** City 5k (3.1 miles) – 1A, Bluff 6k (3.7 miles) – 2B, 11k combined (6.8 miles) – 2B



**Sunday Route description:** Sunday's walk brings a peaceful vibe to our walking

weekend. Explore the quiet shops and beautiful beachfront homes of Cayucos, take a stroll out over the ocean along the Cayucos Pier, and explore the natural beauty of California's undeveloped rugged coastline along the Estero Bluffs. You'll even see an actual abandoned shipwreck on the rocks!

**Miscellaneous:**

- Restrooms are along the route on Saturday, and at the start/finish on Sunday.
- Both Cambria and Cayucos offer several cafes to sit and enjoy a coffee, ice cream, or lunch, and the wonderful eateries of Morro Bay and San Luis Obispo are a short drive away.
- Wheelchairs and Strollers can navigate the 5k city routes, but would have a difficult time with Santa Rosa Creek and the Estero Bluffs.

**Special programs:**

Saturday: Clocks, Veterans, WwW(C), Mayflower, Walk the USA

Sunday: WwW(E), Walk the USA, Veterans

**Cost:** Everyone can walk for free (donations welcome) or \$3.00 for volkswalk credit

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