The COMPASS

A Publication of the ***California Volkssport Association***

January February March 2026

Tahoe Trail Trekkers on their Tahoe City-Lake Forest Diane Morrison Memorial Walk.

AMERICA'S WALKING CLUB
ESTABLISHED 1976

CALIFORNIA VOLKSSPORT ASSOCIATION

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AMERICA'S WALKING CLUB
ESTABLISHED 1976

AVA's Vision: *Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.*

AVA's Mission: *Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness, and friendship for all ages and abilities.*

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COMPASS **Article Deadlines**
February 10 for April, May & June events
May 10 for July, August & September
August 10 for Oct., Nov. & Dec events
November 10 for Jan., Feb. & March events
send articles to:
Suzi Glass: glass2walk@gmail.com

Renew **Subscribe see Page 13**

New to Walking? We got you covered!

We are..... an organization of walking clubs located throughout California. Our members are individuals and families (and even some dogs!) who love to explore this beautiful state - on foot! We have 11 walking clubs offering more than 200 trails in California through cities, parks, beaches, forests, mountains, historic sites, and charming town neighborhoods. Walks range from flat, paved trails that accommodate strollers and wheelchairs, to more challenging hikes up winding mountain trails. There's something for everyone.

California Volkssport Association (CVA) members are of all ages and capabilities and range from reformed "couch potatoes" and weekend warriors to avid hikers and former runners. We are friendly, non-competitive, family-oriented, and united in our love of the outdoors. In California, our focus is on walking and hiking, but we also participate in biking, cross-country skiing, swimming and even kayaking!

Volkssporting ("people sports") originated in Germany and was imported to the US 50 years ago by members of the US Military. CVA is part of the US national organization, the American Volkssport Association (AVA - America's Walking Club), which is part of the international organization, IVV. We are one big happy family of walkers located all over the world!

Walks are typically 5 kilometers (3.1 miles) or 10 kilometers (6.2 miles). Some walks, "Year-Round Events" are available anytime. You just go to the starting point, sign in, pick up a map and hit the trail. Many are listed on the Online Start Box (OSB) and are available through your phone after creating an account. Other walks, "Traditional Events," are scheduled on a specific day. Traditional Events are great opportunities to meet other walkers from around the state. Annually, California walkers converge on a different part of the state for the CVA Convention – a weekend of unique walks and hikes, social events, making new friends, and catching up with old ones. In 2026, the Convention will be held in Temecula May 15-17.

Research shows that walking is one of the easiest and best ways to achieve good health – both physically and mentally. It's low cost, easily accessible, and requires minimal equipment (well-fitting shoes, a hat, water, and sunscreen are what we recommend). What are you waiting for?

Hope to see you on the trail!

"Walking is man's best medicine." - Hippocrates

How to get started.....

This magazine lists the Traditional Events where people will be present to welcome and guide you.

1. Look through this magazine to find an event in your area.
2. Check with the event contact if you want additional information.
3. Be sure to bring along water, a hat, a snack, and sunscreen.
4. Arrive at the start table within the designated "start times" (in the event description).
5. Tell the start table volunteers that you are a new walker, and they will help you from there.
6. Ask questions, make new friends, enjoy the fresh air and scenery, and have fun!

Where to learn more.....

The CVA website address is '**cva4u.org**'. This provides more detailed information about our organization and the clubs in California. The national organization website is '**ava.org**', which leads you to all the events and clubs within the nation.

2026 CVA CONTACTS: California Club & CVA Officers

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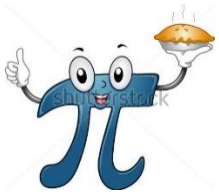

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***COMPASS* SUBSCRIPTION DEADLINES**
Subscribe by February 15th for 3 issues in 2026
Subscribe by May 15th for 2 issues in 2026
Subscribe by August 15th for the last issue in 2026
Subscribe by November 15th for all 4 issues in 2027

Message from the Prez, Cathy Pauley:

I have been reflecting on the past almost 4 years! This will be my next to last article for The COMPASS, which is a weird feeling because my two terms will be completed 5 months from this publication.

I am going to sound like a broken record, but I am genuinely concerned about finding officer candidates for the 2026-2028 term. I have emailed all the clubs and SEC about the need to find a President-elect and his or her role in that office. (I appreciate the feedback I received from some of the "senior" clubs and understand why you cannot be an officer). We also need a Secretary-elect, VP South/Central-elect and a Treasurer-elect as well. (Paul Robb has agreed to run again as VP North). I have included the General Requirements from our CVA Constitution to understand why we need new people to fill four of the five offices.

6.4 General Requirements:
(a) term of office shall be for two (2) years
(b) no person shall hold more than one office
(c) no person shall be eligible to serve more than two (2) consecutive terms in the same elected office.

We will need a nominating committee to present a slate of candidates at our 2026 Convention. Priscilla Fife and Brandi Morick both agreed to be part of that process. As I stated in an email I sent out to the clubs and SEC, I will gladly walk side-by-side with the new officers and help guide each of them in their role (except Treasurer, Steve can orient the new Treasurer).

Mark your calendar – May 15-17, 2026, for the 2026 CVA Convention being hosted by the Central Coast Beach Boardwalkers and the Low Desert Roadrunners. I am excited to gather with CVA members and walk in the beautiful wine country area of Southern California. Ty, Ginger, and Kathy are all working so hard to make this another great convention.

Speaking of the convention, I would love to see a bundle of awards presented by Holly in 2026. Regional awards are submitted on AVA Form 303 and include Commendable, Meritorious (must have 5 years of outstanding service), and Certificate of Appreciation. CofA can be used for members in your club, community partners, or walk-box businesses. There are National Awards (AVA Form 302) as well, but they will not be approved until the 2027 national convention.

Let me share about this edition's photo. I was blessed to be with family on a European cruise in September. One of the places we visited was Gibraltar (Rock of Gibraltar). We walked across the entire rock, saw a lot of monkeys, a beautiful cave, forts and more. We also stood at the point where the Mediterranean Sea and the Atlantic Ocean meet. Very weird.
Your Prez, Cathy

PARD Report - Happy New Year Pacific Region!

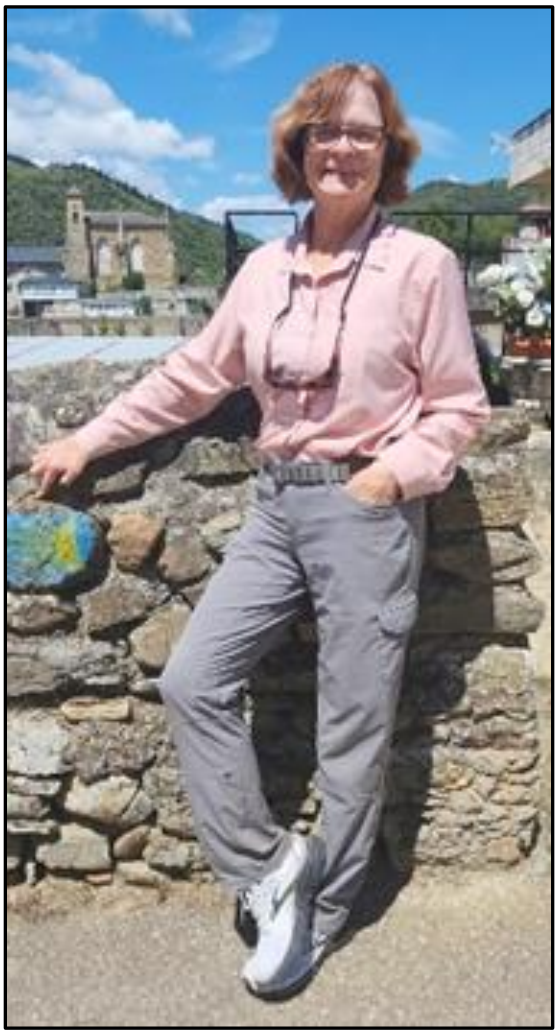
I hope this finds you all well and ready to enter a fun and fitness-filled California winter holiday season.

I want to share with you some new and exciting things coming up on our Regional level.

Some of you have been hearing about an AVA WalkApp. Well, that is going to be in the future, and it is going to be expensive to fund.

In the meantime, if you would like to have your Online State Box (OSB) and Traditional Events be available to be read on your phone-listen up!

Chris Zegelin has been hard at work developing a tool that will manage your map directions as well as your maps . You will be able to download this version of the map as part of your regular walk registration and use it for your walk. It will give you easy to read line by line instructions. When you complete a step in the instructions, tap and it will automatically advance to the next step on your screen and highlight it for you, so you know where you are. If you accidentally scroll too far ahead, it is easy to return to the last highlighted instructions. This helps when we get distracted by wonderful sights along the way and need to reorient ourselves.



Are you interested in seeing how this works? The South Bay Striders will be showcasing this at their 40th Anniversary Historic “Bell Ringer” Homes walk in Los Gatos, January 31st. The next day, February 1st, they will also host a Friendship Walk to introduce the newly revised Historic Downtown San Jose YRE, and you can see how it will work on the OSB. Come try it out-it is free with your regular paid participation fee!

Let's keep moving and enjoying our wonderful trails!
Take care out there, Holly Pelking,
PARD
best contact: holly.pelking@yahoo.com

GENERAL INFORMATION

All activities of the American Volkssport Association shall be carried on so as to be responsive to the needs of all persons, without regard to race, religion, sex, age, national or cultural origin, place of residence, economic circumstance, lifestyle or social status. Events are open to everyone.

IVV/AVA SANCTIONS: All events in The COMPASS are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

IVV RECORD BOOKS: IVV issues special awards for participants who complete specified milestones (10, 30, 50, etc. events and/or 500, 1000, 1500 km, etc.). Those who wish to receive awards for completing these milestones record them in official IVV record books which are submitted to AVA when each milestone is reached. These official IVV books may be purchased at the Start/Finish for $6.00 each. New Walker Packets containing both an Event and Distance book plus coupons for free walks and information about volkssporting are also available for $10.00.

REGISTRATION AND FEES: All participants must register for each event. All participants will pay no more than $4.00. An event may also have a special award available for an additional fee to those who have completed the course. ***Awards will not be sold outright.***

If there are not enough awards available on the day of the event, the sponsoring club may choose to reorder additional awards to be mailed to those who paid the appropriate fee. ***Pay close attention to the event advertisement***. Sponsors may advertise that only a specified number of awards will be available and that ***no*** reorders will be made.

Where pre-registration is offered, participants are encouraged to pre-register as instructed in the event advertisement or flyer. ***No refunds will be made to pre-registered persons who do not participate.***

PROCEDURES: At the event start, each participant will receive a start card which must be filled out with the person's name and address. ***In addition to a start card, each participant must also sign a waiver.***

This card must be carried during the event and personally presented at the checkpoints along the route. All cards remain the property of the sponsoring club and **must be turned in at the completion of the event**, whether or not the participant receives IVV credit or an award.

DISCLAIMER: The American Volkssport Association and its officers, members, and agents shall not be liable or responsible for, and shall be saved and held harmless for and against, any and all claims and damages to or loss of property arising out of or attributed to the operation of events conducted by the AVA. ***Participants must sign a disclaimer (waiver) for all events. A parent or guardian must sign for those under 12 years old.***

STIPULATIONS: With registration for these events, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. Every participant must adhere to the directions of the control personnel. Littering is not permitted. Check each event advertisement or flyer to determine if the route is suitable for baby strollers and wheelchairs and if pets are permitted. ***All events will take place regardless of weather conditions.***

REFRESHMENTS: Water will be available at the Start/Finish and control points. Other refreshments are often provided either at the Start/Finish or at the control points. It is a good idea to carry water, especially in warmer weather.

YEAR ROUND/SEASONAL EVENTS: Registration materials for Year-Round/Seasonal events will include instructions for remitting the fee and the fee for the award, if one is available, to the sponsoring club. All participants, must register and sign the waiver form for each event. You may only have one **Event** credit per day. You may participate in an event without limit for **Distance** credit, but you must obtain a new start card (and pay the registration fee of no more than $4.00) each time you participate except when completing the course twice in one day.

Special Event Programs

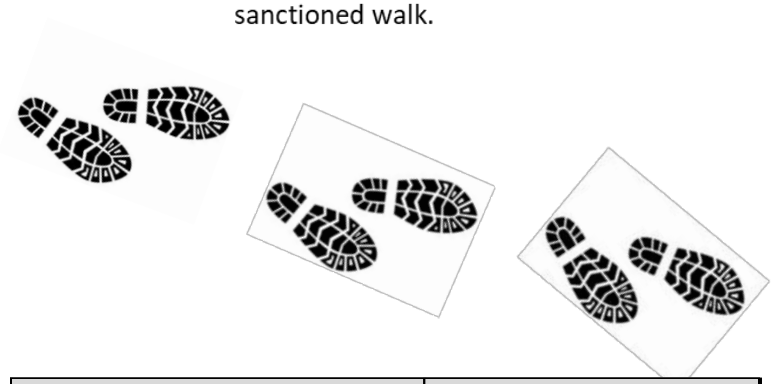
Like scavenger hunts?
Then you will *love* participating in Special Event Programs! Designed by individual clubs, each program bids you notice something "in plain sight" ----a gnome ("Walk Wild"), a playground ("Par"), or a former railroad ("R-to-T"), note it in a special book, then turn the book in for an award (patch, coin, bookmark, etc.).
The 13 programs listed below are described in the "Events" tab at AVA.org . *Note:* "Anniversaries Hurrah! " only runs in 2026.
"Ends" are for book sales. You may complete a book and return it to the sponsoring club the following year.

Special Programs 2026

Abbrev	Program Name	Ends
AH	Anniversaries Hurrah	2026
AT	Appalacian Trail	2028
Grain	Grain Elevators-Monarchs of the Plains	2027
Laby	A-MAZE-ing Labyrinths	2026
Light	Lighthouses II	2025
Par	Par for the Course	2025
R-to-T	Rails to Trails	2025
Step	Step to the Beat	2026
USA	Walk USA A-Z	no end
Vet	Walking with America's Veterans	2027
Walk Wild	Walk with the Wild Things	2027
50 St	50 States	no end
51 Cap	51 Capitals	no end

Trail Ratings

What do the trail route/ratings mean?
The following trail rating system is used to indicate the degree of difficulty of a trail for the AVA sanctioned walk.



Part 1 – INCLINE/ELEVATION	Part 2 - TERRAIN
1. Very small hills or very little stair climbing. Probably suitable for strollers and wheelchairs. Cumulative elevation gain from Starting Point: up to 200 feet.	**A.** Almost entirely on pavement.
2. Some moderate hills and stair climbing. Probably suitable for strollers. May not be suitable for wheelchairs. Cumulative elevation gain from Starting Point: 200 - 1000 feet.	**B.** A significant part of the route is on well-groomed trails with very few obstacles.
3. Some significant hill or stair climbing. Not suitable for strollers or wheelchairs. Cumulative elevation gain from Starting Point: 1000 - 2000 feet.	**C.** A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.)
4. Lots of significant hills or stair climbing. Cumulative elevation gain from Starting Point: 2000 - 3500 feet.	**D.** A significant part of the route is on very difficult terrain.
5. Many steep hills. Cumulative elevation gain from Starting Point: more than - 3500 feet.	**E.** The majority of the route is on very difficult terrain.

Examples

- When determining elevation gain, if a route goes up for 50 feet and down for 50 feet and back up for another 75 feet, the cumulative gain would be 125 feet.
- A route that is mostly on flat pavement would be rated 1A.
- A beach walk would be rated 1C.
- A route with moderate hills on well groomed trails would be rated 2B.

Precautions: Please be aware that weather conditions will cause a variance in the trail rating. Inclement weather or an unexpected hot or cold day can increase the degree of difficulty of a trail, so each participant should adjust their pace accordingly. You alone know your own limits. It is advisable to carry water to all walking events.

WEBSITES

AVA: www.AVA.org

my.AVA.org - personal account, OSB

CVA: www.cva4u.org

IVV: ivv-web.org

California Club Websites

CCBB: www.beachboardwalkers.org

DTT: www.DeltaTuleTrekkers.org

LDR:
www.LowDesertRoadrunners.org

PP: www.PlacerPacers.org

SBS: www.SBStriders.org

SFBB:www.facebook.com/
SanFranciscoBayBandits

SWS:
www.SacramentoWalkingSticks.org

TTT: www.TahoeTrailTrekkers.org **and www.facebook.com/TahoeTrailTrekkers**

VVV: www.VacaVolks.org

CVA Pin on Sale Now!!

Get your new California Volkssporter Pin for only $4.00. Contact Betsy McDevitt to place your order. betsywalks@gmail.com or 530-412-4453 Betsy will have pins at up-coming walk events.

New Year's Day Walk
Sacramento, CA
January 1, 2026

www.SacramentoWalkingSticks.org

SPECIAL PROGRAMS: Par, R-to-T, USA 50St, 51 Cap

SANCTION: #131686-2026

SPONSOR: Sacramento Walking Sticks

LOCATION: Sprouts Shopping Center
4408 Del Rio Road, Sacramento, CA 95822

START TIME: **9:00 AM – 12:00 PM**
FINISH TIME: **3:00 PM**

DISTANCE: 5K, 11K **TRAIL RATING:** 1A
FEE: $4.00
TRAIL DESCRIPTION:
This is a new walking and biking path that was a rail-line in the past. The route passes residences, businesses, schools, shops, parks and more. When a reconstruction project is completed over Hwy I5, the trail will connect to the Sacramento River levee and continue to Old Town Sacramento and beyond.

MISCELLANEOUS: Restrooms & Water at start/finish. Pets on leash with clean-up are fine. Difficult for wheelchairs; Medium for strollers. Walkers walk on left at all times; this is also a bike trail.

CONTACT: Jennifer Stanley, 415.516.5671, stansylph@aol.com, PO Box 277303, Sacramento, CA 95827-7303

DIRECTIONS: Take I5 north or south of Sacramento to the Sutterville exit. East on Sutterville Road (Sutterville Road exit only runs east) to the corner of Sutterville Road, Land Park Drive, South Land Park Drive and Del Rio Road. Right on Del Rio Road. Enter the Sprouts shopping center parking lot.

QTR EVENTS

Come Join the South Bay Striders on our

40th Anniversary Historic Los Gatos Walk

featuring Bell Ringer Homes

January 31, 2026

Sanction: #131670-2026

START: Los Gatos Coffee Roasting Co.
101 W. Main St, Los Gatos, CA 95030

START TIME: 9:00-11:00am **FINISH** by 3:00pm

DISTANCES: **6k & 11K TRAIL RATING**: **2B**

Both routes —mainly on sidewalks, which can be uneven in the historic areas.

FEE: $4 First walk free

DESCRIPTION: Celebrate our milestone anniversary by walking one of our original (and favorite) routes through the beautiful homes in Los Gatos. This walk takes you into the hills of Los Gatos with stunning historical homes and landscapes. You will see remnants of the wide gauge rail-road ties of the train that connected Los Gatos to San Jose. The gentle hills and lovely landscaping are a piece of town off the beaten path! But what is a "Bell Ringer"? Come and find out!

SPECIAL PROGRAMS: AH, Par, R-to-T, Step, USA, Vet, Wild

MISCELLANEOUS: Water and restrooms at start and along routes. Pets okay on leash with clean-up.
Strollers: Medium difficulty; Hard for wheelchairs.

CONTACT: Holly Pelking 408.859.7978 or ilex56@yahoo.com

DRIVING DIRECTIONS: *From Hwy 280 or 101*, take Hwy 17 (880) S. towards Santa Cruz. Take Los Gatos-Saratoga exit (not East Los Gatos). Turn Left at first traffic signal, University Ave. Proceed to end of University. At "T" at W. Main, Los Gatos Coffee Roasting Co. is facing you. *NB Hwy 17*, take Main Ave. exit for Los Gatos. At Main St, turn Right. Los Gatos Coffee Roasting Co. on right in first block. **PARKING**: Continue driving past the start, turning Right into public parking lot next street.

** REMINDER: 2/10 - Deadline for 2nd Q 2026 COMPASS Articles**

Look Who's Walking!

The September,2025 issue of *The American Wanderer (TAW)* noted California walkers' EVENT achievements. See below.

Name	# of Events
Atlas Franzen	10 Events
Debbie Thomas	250 Events
William Diaz	350 Events
Theresa Ihara	650 Events
Sally Coones	1,100 & 1,150 Events
John Glass	1,600 Events
Suzi Glass	2,100 Events

Look Who's Walking!

The last TAW also honored the Distance levels California walkers earned. Please take note.

Name	Distance
Sally Coones	11,000 KM
Suzi Glass	22,000 KM
Holly Pelking	28,000 KM

Join the San Francisco Bay Bandits on

A Valentine Walk Through the Heart of San Francisco

February 14, 2026

Sanction: #131706-2026

LOCATION: Haas Playground
Addison @ Farnum
San Francisco, CA 94131

START/FINISH TIMES: 9am – 3pm

DISTANCES: 10k & 5k **Rated:** 3B
Mostly paved sidewalks with some hills and stairs. Dirt paths through Glen Canyon.

FEES: $4 New walkers Free

DISCRIPTION: Glen Canyon is truly in the heart of San Francisco. Trails go through wooded and meadow areas, nearby neighborhoods with a variety of shopping and dining experiences and many quaint and historic homes.

SPECIAL PROGRAMS: Par, Step, Walk Wild.

MISCELLANEOUS: There is water, but no restrooms at the Start. For restrooms, use the Glen Canyon Park entrance on Elk on driving route to start. Other locations along the way with restrooms & water. Pets OK on leash and with clean-up. Hard for Strollers & Wheelchairs.

CONTACT: Lui Yakas at 415.385.4481 or SFBayBandits@aol.com

DIRECTIONS: *From the East*: I-80 W merging onto US-101 S to I-280 S (exit 431, two lanes on the right after Chavez exit). Move to right to exit at Monterey Blvd (exit 52). *Keep right and turn Right at light onto Diamond St. Continue to Bosworth (BART station) and turn Left. Stay on Bosworth to Elk (crest of the hill), turn Right. Continue Elk (becomes Diamond Heights). Right at Addison and continue towards the fire station. Path into the park is just after the stop sign before the station. *From the South:* US-101 to I-280 S maneuver to Monterey Blvd exit, follow directions from above. *From the North:* Hwy 1 to Park Presidio and 19th Ave. Turn Right at Ulloa (streets run alphabetically), Left and Left to be heading east on Vicente St. Turn Left on Portola Drive. Follow to Diamond Heights (veer right off Portola & Right again to follow Diamond Heights Blvd., Continue to Addison, turning Left. Street parking is available.

** DEADLINE: 2/15 - SUBSCRIBE for 3 COMPASS issues in 2026 **

The Delta Tule Trekkers
Invite you to

A Stockton River Walk

Sanction: #131705 - 2026

March 7, 2026

Registration/Start Location:
Home Depot Shopping Center,
5010 Feather River Dr, Stockton CA 95219

Start time: 8:30 a.m. to noon.
Finish and check back in before 3 p.m.

Distances: 5k and 10k Rating: Both walks, 1A

Fee: $4.00 First time walkers free.

Special Programs: Par, R-to-T, Walk USA, Co: SJ

Description: A beautiful springtime walk along the Delta Waterways, passing by the Yacht Club, Deep Water Channel, parks and greenways as we meander along. We will walk the trails, one step at a time, each of us at our own pace.

Miscellaneous: Water and restrooms available at the start and along the route. Wheelchairs and strollers advised to do 5K. Dogs welcome on leash with pick-up after them. There are several yummy eateries within walking distance to enjoy after the walk.

Contact: Cathy Pauley, (915) 479-1060
or e-mail wilsdaughter@gmail.com.

Directions: From the North or South, follow I-5 to exit #478 – W. March Lane. Exit and follow W. March Lane. West one block to Feather River Dr. Right on Feather River Dr. and right at the 2nd driveway into the shopping center. Registration will be on the left, 1st parking aisle. Look for the Delta Tule Trekkers walk sign.

Bad Math = Good Eats

Pi Day! Walk
March 14, 2026
Sacramento, CA
Sanction: #131687-2026

Special Programs: Par, USA, 50St, 51 Cap

Come celebrate the ratio between the circumference of a circle to its diameter– approximately 3.14 - on Pi Day! To find out more about Pi, go to: https://www.piday.org/pi-facts/

Start/Finish Location: Marie Callender's 5622 Freeport Boulevard, Sacramento, CA 95822
Start Time: 9:00 - noon, Finish by 3:14pm

Trail Description: There will be **5K (approx. 3.14 miles)** and **10K (approx. 3.14 miles X 2)** routes available which are **rated 1A**. Surprises await the eye as you travel through little known areas of Sacramento—Little Pocket neighborhood, Belle Cooledge and Bahnfleth Parks as well as walking by the Sacramento Executive Airport and the Sacramento Public Safety Center. After the walk, enjoy the delicious food and pies offered at the last remaining Marie Callender's in Sacramento.

Miscellaneous: Restrooms and water available at start and along the way. Pets okay on leash with clean-up. Strollers will have medium difficulty, and wheelchairs will find the routes hard.
Fees: $3.14 for Volkssport Credit ($0.14 or more going to a local food closet); $2.00 without credit.

Contact: Barbara Nuss, (916) 283-4650, suki2010@mycci.net

Directions to the Start/Finish: From the North and South, take CA 99 to Sacramento and take Exit 296 for Fruitridge Rd W. Use the 2nd from the left lane to turn left onto Freeport Blvd. Turn right after Citibank into the parking lot.

www.SacramentoWalkingSticks.org

Temecula: Gateway to the Wineries

Join us for the CVA Convention Friday-Sunday, May 15-17, 2026

The Low Desert Roadrunners & Central Coast Beach Boardwalkers welcome everyone to our 3-day CVA Convention in Temecula, CA, from May 15 - 17, 2026. We have four wonderful walks planned for you: Temecula Rose Garden, Vail Ranch, Murrieta Veterans Memorial, and The Duck Pond Memorial.

Social activities include a Friday night Meet & Greet (no charge), our traditional Saturday afternoon Business Meeting (from 1-4 pm), and a delicious pre-registration only dinner at the Black Bear Diner ($35).

Our Convention host hotel will be the Holiday Inn Express Murrieta Temecula.

Reservations can be made now by:
- Calling (800) 465-4329 and using the code LDR or just say the name of the group and the dates.
- Type in the following web address and reserve your hotel room online:
https://tinyurl.com/2026CVAHotel

The Saturday afternoon Business Meeting will be held at the host Holiday Inn Express Murrieta Temecula.

Please save the weekend of May 15-17 and join us for a wonderful time of great walks, delicious food, enjoyable wine tasting, and the best thing that volksmarching has to offer: the Fun, Fitness, and Friendship with lifelong walking companions!!

Further information can be had by contacting the following people from the host clubs:
Kathy Bundy | LDR President | bunznkatz7@gmail.com
Jo Billman, LDR Treasurer | graficsnstuff@gmail.com
Ty Fredriks, CCBB President | 805-714-1552 | tyandginger@gmail.com

RENEW OR SUBSCRIBE TO

THE COMPASS FOR 3 ISSUES OF 2026

The COMPASS is a quarterly publication of the California Volkssport Association (CVA).

Subscriptions are on a calendar year basis and prorated each quarter.

The donation for 3 issues is $11.25, payable to CVA.

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By February 15, please send your check for the suggested donation payable to The California Volkssport Association (CVA) and your completed form to: COMPASS Subscriptions, Jean Lucas, 2423 Regis Drive, Davis, CA 95618-2543

Questions? Call Jean Lucas 530.848.5362 or email jeanb@dcn.org

QTR EVENTS

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Alameda - Co: Ala - 2 walks: Bay Farm Is (Y0619) & Victorian (Y0620) start: Bad Barista, 3215 Encinal Ave, Ste D, Alameda, CA 94501, POC: Priscilla Fife 916.616.6003, by SFBB

Anaheim -- Co: Orng - Disneyland-California Adventure walk (Y0794) start: OSB only, POC: Holly Pelking, 408.859.7978 by PARD

Auburn - Co: Pla -walk Placer County Museums (Y0034) start: Flour Garden Bakery, 340-C Elm Ave, Auburn, CA 95603, POC: Shirley Cassell 530.367.4277, by PP

Avila Beach - Co: SLO - walk Avila Beach (Y1963) start: Pismo Lighthouse Suites, 2411 Price St., Pismo Beach, CA 93449 POC: Ty Fredriks 805.714.1552, by CCBB *Drive to remote start at Bob Jones Trailhead after registering.*

Benicia - Co: Sol - 2 walks Benicia State Recreation Area (Y1346) & Historic (Y0213), start Benicia Fitness, 606 1st St. Benicia, CA 94510 POC: Tom Smith 707.628.9808, by VVV

Big Bear Lake - Co: SnBer -walk Big Bear Lake Village (Y0337), start: OSB only, POC: Kathy Bundy 951.218.3755 by LDR

Buellton - Co: SB - walk Buellton Town (Y0799) start: CVS Pharmacy, 218 E. Hwy 246, bldg 3, Buellton, CA 93427, POC: Ty Fredriks 805.714.1552 by CCBB

Calistoga - Co: Napa - walk (Y0268), start: Calistoga Roastery, 1426 Lincoln Ave., Calistoga, CA 94515, POC: Marilyn Nasi 707.486.8528, by SCS

Cambria - Co: SLO - walk Cambria Beach and River (Y2358), start: The Bluebird Inn, 1880 Main St., Cambria, CA 93428, POC: Ty Fredriks 805.714.1552 by CCBB

Campbell - Co: SClar - walk Los Gatos Creek (Y0853), start: Campbell Inn, 675 E. Campbell Ave, Campbell, CA 95008, POC: Holly Pelking 408.859.7978, by SBS

Capitola - Co: SCruz - walk Secret Paths & Stairways (Y1183), start: Coffeetopia, 3701 Portola Dr, Santa Cruz, CA 95062, POC: Holly Pelking 408.859.7978, by SBS

Carlsbad - Co: SD - Coastal walk (Y0200) start: Tamarack Beach Resort, 3200 Carlsbad Blvd., Carlsbad, CA 92008, POC: Kathy Cole 951.551.9723 by LDR

Carmel - Co: Mont - walk Carmel Mission (Y0443), start: Lopez Taqueria & Liquor, 500 Del Monte Ave, Monterey, CA 93940, POC: Suzi Glass 408.592.3935, by SBS *Drive to remote starts after registering.*

Carmichael - Co: Sac - walk Ancil Hoffman Park (Y1712), start: remote registration only - phone or email POC: Barbara Haig, 323.578.9194 Got2BeBabs@yahoo.com by SWS

Carmichael - Co: Sac - walk Hidden Parks (Y2418), start: remote registration only, POC: Myrna Jackson 916.481.6714 mjackson1949@yahoo.com by SWS

Carpinteria - Co: SB - Beach walk (Y1856), start: Holiday Inn Express Suites, 5605 Carpinteria, Carpinteria, CA 93013-2601, POC: Ty Fredriks 805.714.1552, by CCBB

Carson City, NV - Co: Douglas - walk Capital Neighborhoods (Y0936), start: Hardman House Hotel - 917 North Carson St., Carson City, NV 89701, *best to call before coming 775.882.7744.* POC: Judy Gordon 775.843.4503, by TTT

Chico - Co: Butte - walk CSU Chico (Y2673) start: OSB only, POC Ty Fredriks 805.714.1552 by CCBB.

Citrus Heights - Co: Sac - walk Stock Ranch (Y0224) start: remote registration call or email POC Dave Barnes 651.955.6042, barnesde61@gmail.com by SWS

Claremont - Co: LA - walk Downtown/Colleges (Y0743) start: OSB only, POC: Kathy Bundy 951.218.3755 by LDR

Corona - Co: Riv - walk Historic (Y0913) start: OSB or Corona Regional Medical Center, 800 So. Main, Corona, CA 92882, POC: Dottie Schwieger 951.505.9738 by LDR

Coronado - Co: SD - Herm Husbands Memorial walk (Y0352) start: OSB only POC: Carl Cordes 702.540.6632 by Chair

Crestline - Co: SnBer - walk Lake Gregory (Y1826) start: OSB only POC: Bob Gebo 951.924.2208 by LDR

Dana Point - Co: Orng - walk Historic Harbor (Y1343) start: OSB or Hennessey's Tavern, 31761 Camino Capistrano, San Juan Capistrano, CA 92675. POC: Dottie Schwieger 951.505.9738 by LDR

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Davis - Co: Yolo - bike Circle Davis Tour (Y0007) & 2 walks: South Davis/El Macero (Y0617) & **Southeast Tunnels & Bridges (Y1624)**, start: Safeway, 2121 Cowell Blvd. Suite 4, Davis, CA 95618 POC: Amul Purohit 530.400.1106, by SWS

Davis - Co: Yolo - walk University (Y0404), start: Fleet Feet Sports, 615 2nd S., Davis, CA 9561 POC: Amul Purohit 530.400.1106, by SWS

Donner Pass - Co: Nev - seasonal walk 06/01/26 - 10/31/26 Pacific Crest Trail (Y1038) start: OSB only, POC: Suzi Glass 408.592.3935 by CVA

Elk Grove - Co: Sac - walk Charlie Fowble Memorial (Y0997), start: McDonald's, 2733 Elk Grove Blvd, Elk Grove, CA 95758, POC: Paul Robb 916.430.6649 by SWS

Elk Grove - Co: Sac - 2 walks: East Elk Grove Rec Trail (Y1423) & Elk Grove Regional Park (Y1775), start: Starbucks, 8868 Bond Rd, Suite 100, Elk Grove, CA 95624, POC: Paul Robb 916.430.6649, by SWS

Elk Grove - Co: Sac - walk Elk Grove Creek Watershed (Y0785), start: Peets Coffee & Tea, 8234 Laguna Blvd. Suite 100, Elk Grove, CA 95758, POC: Paul Robb 916.430.6649 by SWS

Encino - Co: LA - walk Nature & Historic (Y0934), start: OSB only, Holly Pelking 408.859.7978, by PARD

Etna - Co: Sisk - walk - Etna Historic (Y1121), start: Ray's Food Place, 124 Collier Way, Etna, CA 96027, POC: Catherine Wieder 562.716.0114, by SWS

Fair Oaks - Co: Sac - walk Fair Oaks - Historic (Y1064) start: Fair Oaks Coffee House & Deli, 10223 Fair Oaks Blvd, Fair Oaks, 95628, POC: Marcia Maurer 916.844.4673, by SWS

Folsom - Co: Sac - walk Historic Folsom (Y0165), start: Folsom Public Library, 411 Stafford St., Folsom, CA 95630, POC: Heidi Foster 916.792.1720, by SWS - *CLOSED SUNDAY*

Galt - Co: Sac - walk Cosumnes River Preserve (Y1314) start: McDonald's 2733 Elk Grove Blvd., Elk Grove, CA 95758, POC: Paul Robb 916.430.6649, by SWS

Galt - Co: Sac - walk (Y1303) start: McDonald's Hamburgers 324 Pine St, Galt, CA 95632, POC: Cathy Pauley 915.479.1060, by DTT

Gold River - Co: Sac - walk (Y1793), start: Belair, 2155 Golden Centre Ln, Gold River, CA 95670, POC: Roxie Jones 916.813.7015, by SWS

Healdsburg - Co: Son - Wine Country walk (Y0415) start: OSB only, POC: Shirley Hightower 707.696.0244 by SCS

Huntington Beach - Co: Orng - Huntington Beach Pier walk (Y0899), Register Albertson's, 7201 Yorktown Ave, Huntington Beach, CA 92648, POC: Kathy Bundy 951.218.3755, by LDR *Remote start at Farquhar Park, 898 12th St, Huntington Beach.*

Ione - Co: Ama - walk Amador County (Y0606), start: Ione Plaza Market, 313 Preston Ave, Ione, CA 95640 POC: Diane Stauffer 209.423.6474, by DTT

Isla Vista - Co: SB - walk UCSB (Y2578) start: Woodstock's Pizza, 928 Embarcadero del Norte, Goleta, CA 93117 POC: Ty Fredriks 805.714.1552 by CCBB

Jackson - Co: Ama - walk Historic Town & Country (Y3741), start: Best Western Amador Inn, 200 So. Hwy 49, Jackson, CA 95642, POC: Wanda Martin 209.565.7729, by DTT

Laguna Beach - Co: Orng - walk Coast & Cliffs (Y1651), start: Pavilions Supermarket, 1000 Bayside Dr, Newport Beach, CA 92662 POC: Kathy Bundy 951.218.3755 by LDR *Drive to remote start after registering*

Laguna Niguel - Co: Orng -Regional Park walk (Y1342), start: Ted's Place Restaurant, 23900 Aliso Creek, Laguna Niguel, CA 92677 POC: Debbie Gley 949.683.0784 by LDR

YEAR ROUNDS

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Lincoln - Co: Pla - bike-Lincoln Tour (Y0402), start: Sprouts Market, 115 Ferrari Ranch Road, Lincoln, CA 95648, POC: Don Ratliff 916.645.8280, by PP

Lincoln - Co: Pla -walk Lincoln Trails (Y3329), start: Sprouts Market, 115 Ferrari Ranch Road, Lincoln, CA 95648 POC: Don Ratliff 916.645.8280, by PP

Lodi - Co: SJ - walk San Joaquin County (Y3738), start: McDonald's Hamburgers, 200 West Lodi Ave, Lodi, CA 95240, POC: Charlene Henshaw 209.642.2004 by DTT

Lompoc - Co: SB - walk (Y0430), start: South Side Coffee Company, 105 So. H, Lompoc, CA 93436, POC: Ty Fredriks 805.714.1552 by CCBB

Long Beach - Co: LA - walk Naples/Belmont Shore (Y1452) start: Gelson's, 6255 East 2nd St., Long Beach, CA 90803, POC: Kathy Bundy 951.218.3755, by LDR

Los Angeles - Co: LA - walk Griffith Park Observatory (Y2250) start: OSB only POC: Holly Pelking 408.859.7978, by SBS

Los Angeles - Co: LA - walk UCLA, Westwood & Marilyn (Y2043) start: OSB only , POC: Suzi Glass 408.592.3935 by SBS

Los Gatos - Co: SClar - Town walk (Y0074), start: Los Gatos Coffee Roasting Company, 101 W. Main St, Los Gatos, CA 95030 POC: Holly Pelking 408.859.7978, by SBS

Los Olivos - Co: SB - Wine Country walk (Y2357) , start: Fess Parker Wine Country Inn, 2860 Grand Ave. Ave., Los Olivos, CA 93441 POC: Ty Fredriks 805.714.1552, by CCBB

Manteca - Co: SJ - walk San Joaquin County (Y3742)), start: Frank's Downtown Café, 162 No. Maple Ave., Manteca, CA 95336, POC: Marcelo Fernandez 562.521.3775 by DTT

Menifee - Co: Riv - 2 walks: Lakes (Y1212) and Menifee Valley (Y1213), start: Menifee Inn, 27680 Encanto Dr, Sun City, CA 92586, POC: Kathy Bundy 951.218.3755 by LDR

Mill Valley - Co: Mrn - walk Marin County (Y0391) start: Mill Valley Community Center, 180 El Camino Alto, Mill Valley, CA 94941, POC: Tom Smith 707.628.9808, by VVV **-** *CLOSED SUNDAYS*

Monterey - Co: Mont - 2 walks - Historic (Y1261) & Peninsula/Lovers Point (Y1341), start: Lopez Taqueria & Liquor, 500 Del Monte Ave, Monterey, CA 93940-2405, POC: Suzi Glass 408.592.3935, by SBS

Morro Bay - Co: SLO - walk (Y0664), start: La Serena Inn, 990 Morro Ave., Morro Bay, CA 93442, POC: Ty Fredriks 805.714.1552, by CCBB

Murrieta - Co: Riv - Old Town walk (Y2011), start: Montague Brothers Coffee, 21545 Palomar St., Wildomar, CA 92595 POC: Kathy Bundy 951.218.3755, by LDR *Drive to start at Murrieta Veterans Park after registering.*

Oceanside - Co: SD - walk San Diego County (Y1750), start: OSB only POC: Kathy Cole 951.551.9723, by LDR

Olympic Valley - Co: Pla - seasonal walk 05/01/26 - 10/31/26 - John Daegling Memorial (Y1785)- start: The Village at Palisades Tahoe, 1750 Village East Road, Olympic Valley, CA 96146, POC: Lynn Booth 209.614.4310, by TTT

Orcutt - Co: SB - walk Old Town Orcutt (Y2489) start: OASIS Senior Center, 420 Soares Ave., Orcutt, CA 93455, POC: Ty Fredriks 805.714.1552, by CCBB

Palm Springs - Co: Riv --2 walks Celebrity (Y1887) & Park Trail (Y0724) start: OSB or Desert Regional Medical Center, 1150 No. Indian Canyon, Palm Springs, CA 92262.POC: Sue Obradovitz 951.333.6806

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Petaluma - Co: Son - walk -Historic Petaluma (Y0233), start: OSB only, POC: Don & Sue Deal 707.835.3798, by SCS

Pismo Beach - Co: SLO - walk Pismo Beach (Y1821), start: Pismo Lighthouse Suites, 2411 Price St., Pismo Beach, CA, 93449 POC: Ty Fredriks 805.714.1552, by CCBB

Pittsburg - Co: CC - walk (Y0947) start: Steeltown Coffee & Tea, 695 Railroad Ave., Pittsburg, CA 94665, POC: Tom Smith, 707.628.9808 by VVV

Rancho Cordova - Co: Sac - walk Lake Natoma (Y0855) & bike Lake Natoma tour (Y0036), start: Subway, 12195 Tributary Point, Rancho Cordova, CA 95670-4508 - call POC: Sue Hopper 916.296.2289, by PP

Redding - Co: Sha - walk Sundial Bridge (Y0705), start: OSB only, POC: Holly Pelking, 408.859.7978 by PARD

Redlands - Co: SnBer --2 walks Historic Downtown (Y0584) and Palms & Palaces (Y0187), start: Redlands Family YMCA, 500 E. Citrus Ave., Redlands, CA 92373, POC: Bob Gebo 951.924.2208, by LDR

Reno, NV - Co: Washoe - 2 walks Historical (Y0023) & UNR/San Rafael (Y0935) , start: National Automobile Museum, 1 Museum Drive, Reno, NV, 89501, POC: Judy Gordon 775.843.4503, by TTT

Riverside - Co: Riv - walk Mt. Rubidoux & Mission Inn (Y1478), start: OSB only, POC: Sue Obradovitz 951.333.6806, by LDR

Roseville - Co: Pla - 2 walks - Maidu Park (Y0560) & Sculpture Park (Y0266) & bike NW Roseville Tour (Y1239), start: Starbucks, 2030 Douglas Blvd, Suite 12, Roseville, CA 95661 POC: Warren Tellefson 530.305.5479 by PP

Sacramento - Co: Sac - 3 walks American River (Y0990), Ashton Park (Y1049) & Sierra Oaks Vista (Y0905) start: OSB or PSB Starbucks, Arden Town Shopping Center, 610 Watt Ave, Sacramento, CA 95864 POC Beverly Bales 916.488.8570 by SWS

Sacramento - Co: Sac - bike American River Tour (Y3843) & Capitol - Wayne Holloway Memorial Walk (Y3844), start: Best Western Sandman Hotel, 236 Jibboom St, Sacramento, CA 95814-0108, POC: Paul Robb 916.430.6649, by CVA

Sacramento - Co: Sac - walk - Arden Park (Y0558) & Arden Bike Tour (Y0607), start: Starbucks, Arden Plaza, 4301 Arden Way, Sacramento, CA 95864, POC: Myrna Jackson 916.481.6714, by SWS

Sacramento - Co: Sac - walk Campus Commons/Sierra Oaks (Y1767), start Starbucks Coffee Co., 458 Howe Ave, #8, Sacramento, CA , 95825 POC: Myrna Jackson 916.481.6714, by SWS

Sacramento - Co: Sac - 2 walks: Curtis Park (Y0968) and Jane Graham's Land Park Loops (Y1039) , start: Parkside Pharmacy, 4404 Del Rio Rd, Sacramento, CA 95822 POC: Jennifer Stanley 415.516.5671 by SWS

Sacramento - Co: Sac - 3 walks: Elmhurst to East Sac (Y1422), Midtown/East Sac (Y1873) & The "Fab 40's" (Y0583), start CVS Pharmacy, 5039 Folsom Blvd., Sacramento, CA 95819, POC: Gail Samcoff 916.429.8377, by SWS

Sacramento - Co: Sac - Hidden Murals walk (Y2337), start: Fleet Feet Sports, 2311 J St., Sacramento, CA 95816. POC: Rutherford Smith 530.219.5610, by SWS

Sacramento - Co: Sac - bike: Natomas Flood Plain Tour (Y0767) & 2 walks North Natomas (Y2186) and South Natomas (Y0588) start: Natomas Bike Shop, 3291 Truxel Rd #30, Sacramento, CA 95833, POC: Warren Tellefson, 530.305.5479 by SWS

Sacramento - Co: Sac - walk North Laguna Creek Wildlife Area (Y1043), start: 24 Hour Fitness, 8785 Center Parkway, Sacramento, CA 95823, POC: Eva Nelson 916.261.9016, by SWS

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Sacramento - Co: Sac - walk Pocket Area (Y0234) & bike Pocket Area Tour (Y1313), start: CVS Pharmacy, 7465 Rush River Dr, #500, Sacramento, CA 95831, POC: Nancy Alex 916.217.4903 by SWS

Sacramento - Co: Sac - bike Sacramento Riverfront Tour (Y3845), start: Best Western Sandman Hotel, 236 Jibboom St., Sacramento, CA 95814-0108, POC: Paul Robb 916.430.6649 by CVA

San Diego - Co: SD - 2 walks Balboa Park/Downtown (Y0852) & Harbor Island (Y1604), start OSB or PSB Wyndham Bayside Hotel, 1355 N. Harbor Dr., San Diego, CA 92101 POC: Maureen Carlson 909.227.5319 by LDR

San Diego - Co: SD - walk Old Town (Y1426), start: OSB or PSB Best Western Hacienda Hotel, 4041 Harney St., San Diego, CA 92110, POC: Maureen Carlson 909.227.5319 by LDR

San Francisco - Co: SF - walk Golden Gate Park (Y3164) start: Seal Rock Inn, 545 Point Lobos at 48th Ave, San Francisco, CA 94121 POC: Priscilla Fife 916.616.6003 by SFBB *After registering, drive to the Beach Chalet Soccer Fields to start.*

San Francisco - Co: SF - walk Lands End & Beyond (Y1943), start: Seal Rock Inn, 545 Point Lobos at 48th Ave., San Francisco, CA 94121, POC: Priscilla Fife 916.616.6003 by SFBB

San Francisco - Co: SF - walk SF Maritime (Y1479), start: San Francisco Maritime National Historical Park Visitors' Center, 499 Jefferson St, San Francisco, CA 94109, POC: Priscilla Fife 916.616.6003, by SFBB

San Francisco - Co: SF - walk:The Presidio & The Golden Gate Bridge (Y1564), start: Presidio Visitors' Center, 210 Lincoln Blvd., San Francisco, CA 94129 POC: Priscilla Fife 916.616.6003 by SFBB

San Jose - Co: SClar - walk Almaden Lake (Y2436), start: Almaden Lake Village Rental Office , 1045 Coleman Rd., San Jose, CA 95123. *Rental Office has key pad--call POC for code* . POC: Suzi Glass 408.592.3935 by SBS.

San Jose - Co: SClar - Hellyer Park/Coyote Creek walk -- seasonal 04/01/26-0/9/30/26 (Y2781) - start: OSB only, POC: Suzi Glass 408.592.3935 by SBS

San Jose - Co: SClar - walk Historical Downtown & University (Y0240) start: OSB only, POC: Suzi Glass 408.592.3935 by SBS

San Jose - Co: SClar - walk Rose Garden & Santa Clara University (Y2768) start: OSB only, POC: Chris Zegelin 408.529.9724 by SBS

San Jose - Co: SClar - walk The Hills of Evergreen (Y3323) start: OSB only, POC: Chris Zegelin 408.529.9724 by SBS

San Juan Capistrano - Co: Orng - Historic Mission walk (Y1886), start: OSB or PSB Hennessey's Tavern, 31761 Camino Capistrano, San Juan Capistrano, CA 92675, POC: Dottie Schwieger 951.505.9738 by LDR

San Luis Obispo - Co: SLO - San Luis Obispo walk (Y0458), start: The Wayfarer SLO, 1800 Monterey Ave, San Luis Obispo, CA 93401-2614, POC: Ty Fredriks 805.714.1552, by CCBB

Santa Barbara - Co: SB - Santa Barbara walk (Y0137), start: Harbor View Inn, 28 West Cabrillo Blvd., Santa Barbara, CA 93101, POC: Ty Fredriks 805.714.1552, by CCBB

Santa Cruz - Co: SCruz -walk Natural Bridges (Y0328), start: OSB only, POC: Holly Pelking 408.859.7978 by SBS

Santa Maria - Co: SB -walk Santa Maria/Hancock College (Y2686), start: Historic Santa Maria Inn, 801 S. Broadway, Santa Maria, CA 93455, POC: Ty Fredriks 805.714.1552, by CCBB

Santa Rosa - Co: Son - 2 walks Luther Burbank Gardens (Y1100) & Prince Greenway/Historic Santa Rosa (Y0758), start: Lucky Market, 915 Village Ct, Santa Rosa, CA 95405, POC: Marilyn Nasi 707.486.8528, by SCS. *Drive to a remote start after registering for the Prince Greenway walk*

Sebastopol - Co: Son - walk near Santa Rosa (Y0793) start: OSB only. POC: Marilyn Nasi 707.486.8528, by SCS

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Solvang - Co: SB - Danish Country walk (Y0428), start: Solvang Shoe Store, 1663 Copenhagen Dr., Solvang, CA 93463, POC: Ty Fredriks 805.714.1552 by CCBB

Sonoma - Co: Son - walk Sonoma County (Y0752), start: Tapestry by Hilton/Sonoma Valley Inn, 550 Second St West, Sonoma, CA 95476, POC: Marilyn Nasi 707.486.8528, by SCS

Stockton - Co: SJ - walk -N.W. Stockton, Tom Swift Memorial Walk (Y3744), start: Starbucks, 10602 Trinity Parkway, Stockton, CA 95219, POC: Cathy Pauley 915.479.1060, by DTT

Stockton - Co: SJ - walk University Area-Central Stockton (Y3745), start: Mc Donald's Hamburgers, 4515 Pacific Ave, Stockton, CA 95207, POC: Joan Sykes 209.931.0557, by DTT

Tahoe City - Lake Forest Diane Morrison Memorial Co: Pla - seasonal walk 05/01/26 - 10/31/26 (Y0195), start: Tahoe House Bakery & Gourmet, 625 W. Lake Blvd, Tahoe City, CA, 96145, OPEN 6am-3pm POC: Karen Reed 408.315.7727 by TTT

Tahoma - Co: EID - seasonal walk 05/01/26- 10/31/26 (Y2262) start: Tahoe House Bakery and Gourmet, 625 W. Lake, Tahoe City, CA 96145, OPEN 6am-3pm POC Karen Reed 408.315.7727 by TTT

Truckee - Steiners' Memorial River Walk Co: Nev - seasonal walk 05/01/26 - 10/31/26 (Y1667), start: Raley's 10001 Soaring Way,Truckee, CA 96161, POC: Jennie Gordon 916.204.3839, by TTT

Union City - Co: Ala -walk Old Town (Y1248) start: Togo's Sandwich Shop (Union Landing Shopping Center) 32220 Dyer Street, Union City, CA 94587 POC: John Glass (408) 592-3866, by SBS

Vacaville - Co: Sol - 2 walks, Historic (Y1586) & Joe Sutter/Jo Hefner Memorial Lagoon Valley (Y0331), start: Diggers Deli, 876 Alamo Dr, Vacaville, CA 95688, POC: Tom Smith 707.628.9808, by VVV

Ventura - Co: Ven - walk Santa Cruz Island (Y0872), start: OSB only , POC: Ty Fredriks 805.714.1552 by CCBB

Ventura - Co: Ven - Ventura City/Beach walk (Y0860), start: OSB only, POC: Ty Fredriks 805.714.1552, by CCBB

West Sacramento - Co: Yolo - walk Clarksburg Branch Line Trail (Y1515) start: Nugget Market, 2000 Town Center Plaza, West Sacramento, CA 95691, POC: Susan Martimo 916.705.9599, by SWS

West Sacramento - Co:Yolo - Rilver Walk (Y0545) start: Arthur F. Turner Community Library, 1212 Merkley Ave, West Sacramento, CA 95691, POC: Susan Martimo 916.705.9599 by SWS

Whittier - Co: LA - walk Home Town (Y2047), start: OSB only POC: Suzi Glass 408.592.3935 by SBS

Wildomar - Co: Riv - walk Riverside County (Y1761) start: Montague Brothers Coffee, 21545 Palomar St. Wildomar, CA 92595 POC: Kathy Bundy 951.218.3755 by LDR

Windsor - Co: Son - walk (Y2419), start: CVS Pharmacy, 9030 Brooks Rd, So, Windsor, CA 95492, POC: Shirley Hightower 707.696.0244, by SCS

Woodland - Historic - Co: Yolo - walk (Y0539), start: Nugget Market, 157 Main Street, Woodland, CA 95695, POC: Myrna Jackson 916.481.6714, by SWS

Yorba Linda - Co: Orng - walk (Y0735), start: OSB or contact POC Dottie Schwieger, 951.505.9738 or HiDotWalk@aol.com, by LDR

Yosemite National Park- Co: Mrp - 2 seasonal walks 05/01/26- 10/31/26 Clouds Rest (Y0734) & Half Dome (Y0765), start: OSB only, POC: Holly Pelking 408.859.7978 by PARD --*Check park website for latest access updates.*

Yosemite National Park- Co: Mrp - walk Valley Floor (Y0727) start: OSB only POC: Holly Pelking 408.859.7978 by PARD

YEAR ROUNDS

FROM
California Volkssport Association
Suzi Glass, Editor
3315-1/2 Cherryland Ave.
Stockton, CA 95215

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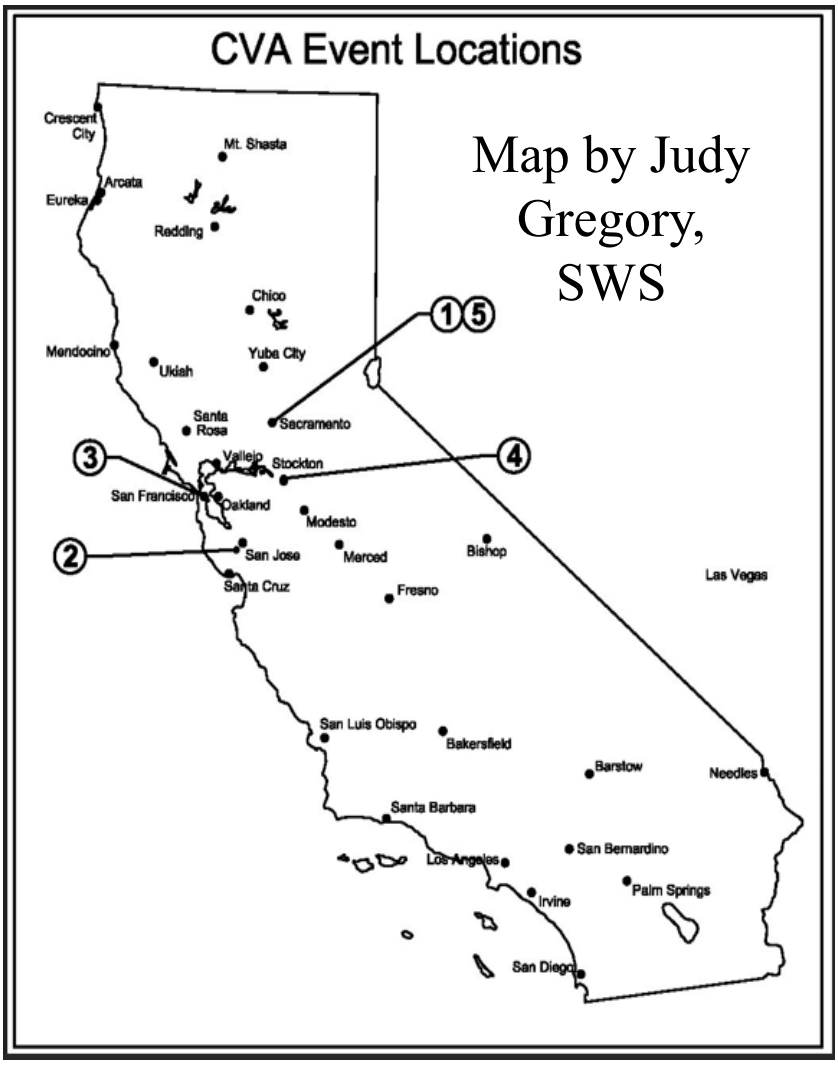
2026 First Quarter Events

	Date		Club	Location	Co.
1	1/1	W	SWS	Sacramento - New Year's Day Walk	Sac
2	1/31	W	SBS	Los Gatos - South Bay Striders 40th Anniversary Historic Walk	SClar
	2/10		All	Articles due for the 2026 Q2 COMPASS	
3	2/14	W	SFBB	San Francisco - A Valentine Walk through the Heart of San Francisco	SF
	2/15		All	COMPASS subscription for 3 issues in 2026 due	
4	3/7	W	DTT	Stockton - A River Walk	SJ
5	3/14	W	SWS	Sacramento - Pi Day Walk	Sac