The COMPASS

A Publication of the ***California Volkssport Association***

October November December 2026



Walkers met the new Venus on the San Francisco 50 Works Of Art Walk. Thanks, SFBB!

AMERICA'S WALKING CLUB — ESTABLISHED 1976

CALIFORNIA VOLKSSPORT ASSOCIATION

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AMERICA'S WALKING CLUB
ESTABLISHED 1976

AVA's Vision: *Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.*

AVA's Mission: *Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness, and friendship for all ages and abilities.*

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***COMPASS* Article Deadlines**
November 10 for Jan., Feb. & March events
February 10 for April, May & June events
May 10 for July, August & September
August 10 for Oct., Nov. & Dec events
send articles to:
Suzi Glass: glass2walk@gmail.com

Renew **Subscribe see Page 15**

New Walkers: We've Got You Covered!

We are..... an organization of walking clubs located throughout California. Our members are individuals and families (and even some dogs!) who love to explore this beautiful state - on foot! We have 11 walking clubs offering more than 200 trails in California through cities, parks, beaches, forests, mountains, historic sites, and charming town neighborhoods. Walks range from flat, paved trails that accommodate strollers and wheelchairs, to more challenging hikes up winding mountain trails. There's something for everyone.

California Volkssport Association (CVA) members are of all ages and capabilities and range from reformed "couch potatoes" and weekend warriors to avid hikers and former runners. We are friendly, non-competitive, family-oriented, and united in our love of the outdoors. In California, our focus is on walking and hiking, but we also participate in biking, cross-country skiing, swimming and even kayaking!

Volkssporting ("people sports") originated in Germany and was imported to the US 50 years ago by members of the US Military. CVA is part of the US national organization, the American Volkssport Association (AVA - America's Walking Club), which is part of the international organization, IVV. We are one big happy family of walkers located all over the world!

Walks are typically 5 kilometers (3.1 miles) or 10 kilometers (6.2 miles). Some walks, "Year-Round Events" are available anytime. You just go to the starting point, sign in, pick up a map and hit the trail. Many are listed on the Online Start Box (OSB) and are available through your phone after creating an account. Other walks, "Traditional Events," are scheduled on a specific day. Traditional Events are great opportunities to meet other walkers from around the state. Annually, California walkers converge on a different part of the state for the CVA Convention – a weekend of unique walks and hikes, social events, making new friends, and catching up with old ones. In 2027, the Convention will be held in Tahoe City/Lake Tahoe on May 21, 22 & 23.

Research shows that walking is one of the easiest and best ways to achieve good health – both physically and mentally. It's low cost, easily accessible, and requires minimal equipment (well-fitting shoes, a hat, water, and sunscreen are what we recommend). What are you waiting for?

Hope to see you on the trail!

"Walking is man's best medicine." - Hippocrates

How to get started.....

This magazine lists the Traditional Events where people will be present to welcome and guide you.

1. Look through this magazine to find an event in your area.
2. Check with the event contact if you want additional information.
3. Be sure to bring along water, a hat, a snack, and sunscreen.
4. Arrive at the start table within the designated "start times" (in the event description).
5. Tell the start table volunteers that you are a new walker, and they will help you from there.
6. Ask questions, make new friends, enjoy the fresh air and scenery, and have fun!

Where to learn more.....

The CVA website address is '**cva4u.org**'. This provides more detailed information about our organization and the clubs in California. The national organization website is '**ava.org**', which leads you to all the events and clubs within the nation.

2026 CVA CONTACTS: California Club & CVA Officers

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***COMPASS* SUBSCRIPTION DEADLINES**
Subscribe by November 15th for all 4 issues in 2027
Subscribe by February 15th for 3 issues in 2027
Subscribe by May 15th for 2 issues in 2027
Subscribe by August 15th for the last issue in 2027

Message from the CVA President, Ron Sponaugle:

Hello, Fellow Volksmarchers:

I have officially taken over as President of the CVA as of July. I have a large learning curve ahead so I will depend on former officers and current officers to help. (Thank you, Cathy Pauley, for stepping up to help me).
One idea that I do wish to elaborate on during the next few issues is walking directions. (All suggestions will be greatly appreciated). I will break it down into walking/hiking directions for cities, towns and rural areas, parks, and college campuses. (Sorry I can't provide any input on swimming and biking as I do neither of these). The purpose of this is to help people get from Point A back to Point A as part of the enjoyment of the walk.

Another item that clubs might want to consider is getting sponsors to support their walks. After the pandemic, our members (Central Coast Beach Boardwalkers) went hither and thither. So, it was hard to have monthly meetings with good participation at a designated site. Ty suggested people could support a year-round event (and get a tax write-off). A lot of "club" members stepped up to support walks that would have certainly been discontinued. In 2026, we had 10 of the 14 YREs sponsored.

On a lighter side, I would like to thank Ty and Ginger Frederiks for putting on a great 'Retired Ty's Fly-In Bash' , in Orcutt, CA on August 1. About 50 participants had goodie bags full of fun things that made it a real "Bash". What a fun and enjoyable walk to the future Museum of Planes of Fame at the Santa Maria Airport.

Your new President,
Ron Sponaugle



Crazy Horse Volksmarch 2005

PARD Report



Hello everyone,

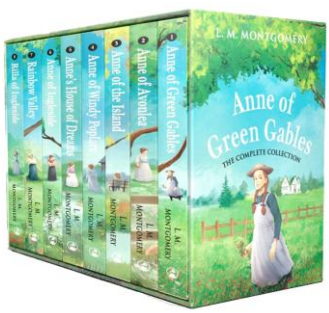
It is hard to believe the summer is ending so soon. However, we always have more walks to do!

Chris and I thoroughly enjoyed the San Francisco Bay Bandits' 50 Works of Art adventure. We even returned the next day to walk their Lands End & beyond YRE, as you can see by our photo above. Please keep your eyes out for the remaining 50th Anniversary events happening around the country.

Now it is time to talk a bit about next year. The AVA national convention is coming up in Springfield, MO with events in surrounding states as pre-convention walks and post-convention walks to make it run from **June 26th -July 4th, 2027**! Plan to come and enjoy the walks and camaraderie that come with our conventions.

Also start thinking about **2028**. The Canadians will be holding their national convention on Prince Edward Island- home of the Anne of Green Gables books and movies. Their conventions are always lovely, and you meet the nicest people!
More details to follow.





Have a safe and happy fall season, Holly Pelking
Pacific Regional Director

GENERAL INFORMATION

All activities of the American Volkssport Association shall be carried on so as to be responsive to the needs of all persons, without regard to race, religion, sex, age, national or cultural origin, place of residence, economic circumstance, lifestyle or social status. Events are open to everyone.

IVV/AVA SANCTIONS: All events in The COMPASS are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

IVV RECORD BOOKS: IVV issues special awards for participants who complete specified milestones (10, 30, 50, etc. events and/or 500, 1000, 1500 km, etc.). Those who wish to receive awards for completing these milestones record them in official IVV record books which are submitted to AVA when each milestone is reached. These official IVV books may be purchased at the Start/Finish for $6.00 each. New Walker Packets containing both an Event and Distance book plus coupons for free walks and information about volkssporting are also available for $10.00.

REGISTRATION AND FEES: All participants must register for each event. All participants will pay no more than $4.00. An event may also have a special award available for an additional fee to those who have completed the course. ***Awards will not be sold outright.***

If there are not enough awards available on the day of the event, the sponsoring club may choose to reorder additional awards to be mailed to those who paid the appropriate fee. ***Pay close attention to the event advertisement***. Sponsors may advertise that only a specified number of awards will be available and that ***no*** reorders will be made.

Where pre-registration is offered, participants are encouraged to pre-register as instructed in the event advertisement or flyer. ***No refunds will be made to pre-registered persons who do not participate.***

PROCEDURES: At the event start, each participant will receive a start card which must be filled out with the person's name and address. ***In addition to a start card, each participant must also sign a waiver.***

This card must be carried during the event and personally presented at the checkpoints along the route. All cards remain the property of the sponsoring club and **must be turned in at the completion of the event**, whether or not the participant receives IVV credit or an award.

DISCLAIMER: The American Volkssport Association and its officers, members, and agents shall not be liable or responsible for, and shall be saved and held harmless for and against, any and all claims and damages to or loss of property arising out of or attributed to the operation of events conducted by the AVA. ***Participants must sign a disclaimer (waiver) for all events. A parent or guardian must sign for those under 12 years old.***

STIPULATIONS: With registration for these events, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. Every participant must adhere to the directions of the control personnel. Littering is not permitted. Check each event advertisement or flyer to determine if the route is suitable for baby strollers and wheelchairs and if pets are permitted. ***All events will take place regardless of weather conditions.***

REFRESHMENTS: Water will be available at the Start/Finish and control points. Other refreshments are often provided either at the Start/Finish or at the control points. It is a good idea to carry water, especially in warmer weather.

YEAR ROUND/SEASONAL EVENTS: Registration materials for Year-Round/Seasonal Events will include instructions for remitting the fee and the fee for the award, if one is available, to the sponsoring club. All participants, must register and sign the waiver form for each event. You may only have one **Event** credit per day. You may participate in an event without limit for **Distance** credit, but you must obtain a new start card (and pay the registration fee of no more than $4.00) each time you participate except when completing the course twice in one day.

Special Event Programs

Like scavenger hunts?
Then you will *love* participating in Special Event Programs! Designed by individual clubs, each program bids you notice something "in plain sight" ----a gnome ("Walk Wild"), a playground ("Par"), or a former railroad ("R-to-T"), note it in a special book, then turn the book in for an award (patch, coin, bookmark, etc.).
The 13 programs listed below are described in the "Events" tab at AVA.org . *Note:* "Anniversaries Hurrah! " only runs in 2026.
"Ends" are for book sales. You may complete a book and return it to the sponsoring club the following year.

Special Programs 2026

Abbrev	Program Name	Ends
AH	Anniversaries Hurrah	2026
AT	Appalachian Trail	2028
Grain	Grain Elevators-Monarchs of the Plains	2027
Laby	A-MAZE-ing Labyrinths	2026
Light	Lighthouses II	2025
Par	Par for the Course	2025
R-to-T	Rails to Trails	2025
Step	Step to the Beat	2026
USA	Walk USA A-Z	no end
Vet	Walking with America's Veterans	2027
Walk Wild	Walk with the Wild Things	2027
50 St	50 States	no end
51 Cap	51 Capitals	no end

Trail Ratings

What do the trail route/ratings mean?
The following trail rating system is used to indicate the degree of difficulty of a trail for the AVA sanctioned walk.



Part 1 – INCLINE/ELEVATION	Part 2 - TERRAIN
1. Very small hills or very little stair climbing. Probably suitable for strollers and wheelchairs. Cumulative elevation gain from Starting Point: up to 200 feet.	**A.** Almost entirely on pavement.
2. Some moderate hills and stair climbing. Probably suitable for strollers. May not be suitable for wheelchairs. Cumulative elevation gain from Starting Point: 200 - 1000 feet.	**B.** A significant part of the route is on well-groomed trails with very few obstacles.
3. Some significant hill or stair climbing. Not suitable for strollers or wheelchairs. Cumulative elevation gain from Starting Point: 1000 - 2000 feet.	**C.** A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.)
4. Lots of significant hills or stair climbing. Cumulative elevation gain from Starting Point: 2000 - 3500 feet.	**D.** A significant part of the route is on very difficult terrain.
5. Many steep hills. Cumulative elevation gain from Starting Point: more than - 3500 feet.	**E.** The majority of the route is on very difficult terrain.

Examples

- When determining elevation gain, if a route goes up for 50 feet and down for 50 feet and back up for another 75 feet, the cumulative gain would be 125 feet.
- A route that is mostly on flat pavement would be rated 1A.
- A beach walk would be rated 1C.
- A route with moderate hills on well groomed trails would be rated 2B.

Precautions: Please be aware that weather conditions will cause a variance in the trail rating. Inclement weather or an unexpected hot or cold day can increase the degree of difficulty of a trail, so each participant should adjust their pace accordingly. You alone know your own limits. It is advisable to carry water to all walking events.



Look Who's Walking!

The June issue of The American Wanderer (TAW) noted the following EVENT achievements of California walkers. On the trails, please add your congratulations.

Name	# of Events
Kathy Cole *	100
Gerald Myers	150
Holly Pelking	2,600

An * means this is the *highest* level of 2 or more the walker earned by deadline.



Look Who's Walking

In the June issue of The American Wanderer (TAW), there were **no** California walkers listed. Let's encourage each other to complete the next **DISTANCE** milestone!

CVA Pin on Sale Now!!





Get your new California Volkssporter Pin for only $4.00. Contact Betsy McDevitt to place your order. betsywalks@gmail.com or 530-412-4453 Betsy will have pins at up-coming walk events.

Sonoma County Stompers
35th Anniversary Celebration
Join us for 5K &10K Walks





Capo Isetta Tasting Room
412 1st St. E, Sonoma, CA 95476

October 17, 2026

Sanction: #132288-2026

SPECIALPROGRAMS– AH, Laby, Par, R-to-T, Step, Vet, Co-Sonoma

START POINT – Capo Isetta Tasting Room, 412 1st St. E, Sonoma, CA, 95476

START TIME – 9AM to Noon **FINISH –** by 4PM

TRAIL – Rated 1A. There are two (2) 5K loops; 10K if both walked. The route passes San Francisco Solano Mission, the most northerly California Mission founded in 1823. Also thru older and newer neighborhoods. The Plaza is part of Sonoma Historical State Park and much of the surrounding downtown is a Historical Landmark Area. Many interesting shops and restaurants around the Plaza. Visit the original Williams-Sonoma store. A drawing among the registered walkers for a W-S gift card will be held. Wine tasting will be available beginning at Noon at the Start/End Point.

FEES - $4.00 fee for All walkers unless it is your first AVA walk. Children not walking for credit are also free.

MISCELLANEOUS: Water will be available at the start/finish. Restrooms are available along the route. The route is difficult for wheelchairs but easy for strollers. Dogs are NOT allowed in the Plaza. Free all-day parking at the Casa Grande Parking lot behind 'The Barracks'.

DIRECTIONS: From Sacramento, take I-80 W to exit 39B, Hwy 12 toward Napa/Sonoma 5 miles. Right onto CA-29/CA12W 3 miles. Left onto CA121/CA-116 Sonoma Hwy 5 miles. Right onto E Napa Rd 4 miles. Right onto Broadway 1 mile to the Plaza ***Right onto E Napa St 1 block Immediately turn Left on 1st St E passing the start location, cross Spain St. Turn Left into Casa Grande Parking lot behind 'The Barracks'. Walk across Spain St to the Paseo entrance at 414 1st St E. **From Golden Gate Bridge North on Hwy 101** 27 miles to exit 460A, CA-37E toward Napa/Vallejo Go 5.7 miles. Left on CA-121N/Arnold Dr passing Sonoma Raceway, 6 miles to traffic circle, taking the 1st exit onto Hwy 121, 0.9 miles to Broadway. Left on Broadway 3.7 miles to the Plaza. Continue from *** above to parking.

POINT OF CONTACT: Marilyn Nasi mbnasi91@comcast.net 707-486-8528

QTR EVENTS

The Central Coast Beach Boardwalkers present:

Scarecrows & A Country Town

Spend a Weekend in Cambria & Templeton

Saturday & Sunday, October 24 & 25

5K/10K in both towns. Scarecrows & Moonstone Beach (Sat.)
Cute Templeton Downtown & Wineries (Sun.)!



Sanction: Sat# 130019-2026 and Sun# 133572-2026
Special Programs (Sat): AH, Par, Step, Vet, Walk Wild.
Special Programs (Sun): Par, Vet'.
Start Location (Sat): The Bluebird Inn, 1880 Main St, Cambria, CA 93428.
Start Location (Sun): Templeton Park Gazebo, 6th & Crocker, Templeton, CA 93465
Start/Finish Times: Saturday 10/24/2026 8:00 a.m.- noon / Finish by 3:00 p.m.
Sunday 10/25/2026 8:00 a.m.- 11:00 a.m. / Finish by 2:00 p.m.
Trail Ratings: Sat 5k:1A , Sat 10k: 2A ; Sun 5k:1B, Sun 10k: 1B with 1A alternate

Explore two adorable towns! Just 30 minutes inland from Cambria lies the quaint, wine-centric town of Templeton, just off Highway 101 between Atascadero and Paso Robles. We hope you'll come visit a quieter side of life on the Central Coast and enjoy a couple of very different walks!

Routes: With just one day in Cambria, we had to bring the best of all of our walks! Our 10K combines most of the scarecrows with our gorgeous Moonstone Beach Boardwalk/Santa Rosa Creek Nature Walk. Plus, two 5K options give a choice of city or nature to our 3-mile walkers.

Our Sunday walk gifts you with a whole different vibe of San Luis Obispo County. Nestled in the countryside between Atascadero and Paso Robles, Templeton takes you back to small-town charm! With its open-air cafes, wineries, and vibrant Main Street, you'll be pleased to explore a town very different from the hustle and bustle of the Big City. Two 5-K loops give you a variety of sight-seeing experiences, with our 10K including world-class Venteux Vinyards … CHEERS!

Miscellaneous: The second half of the Cambria combined 10K is not suitable for wheelchairs or strollers (alternate routes are available). Dogs ok everywhere with leash and cleanup. Restrooms and water available on routes.

Fees & Rooms: Walk fee is $4.00 for all walkers; credit included for book-stampers. Special discounted room rate available at the Bluebird Inn. Limited pet-friendly room availability; call 805-927-4634 and say you are with the walking club.

Driving Directions Cambria: The Bluebird Inn, 1880 Main St, Cambria, CA 93428. From the North: Highway 101 South to 46 West (exit 228) to Highway 1 North. Exit right onto Main St and follow around for 1.8 miles to destination on the left. From the South: Highway 101 North. Exit 203B to CA-1 North. Follow exit around to turn right onto Santa Rosa/CA-1. Follow Highway 1 for 32 miles to Main Street exit. Follow around for 1.8 miles to destination on the left.

Driving Directions Templeton: Templeton Park, 6th & Crocker, Templeton, CA 93465. Highway 101 North or South. Exit Vineyard Dr (Exit 224). Turn Right to first left on Old County Road. Go 0.4 mi to 6th, turn Right and park is on left. Park your car on 6th or Crocker.

Additional Information: Call/text or email the POC Ty Fredriks at 805-714-1552 or tyandginger@gmail.com Lodging resources can be found at https://cambriachamber.org/ or https://www.templetonchamber.com/

NEW for 2027

Special Programs

Three clubs have designed Special Programs—new items to discover as you complete walks.

Craft Beers

Walkers find breweries, taverns, tap rooms and restaurants that serve food and craft beers. To complete the program, find 12 (two "Six-Packs") of places on AVA-sanctioned event routes that offer craft beers.
Program runs 01/01/2027 – 12/31/2029.

Historic Places of Worship

Participants find historic churches, missions, synagogues, temples, and/or mosques at least 100 years old, have some historical significance, or have been repurposed. Note name and the date place was built or dedicated.
Program runs 01/01/2027–12/31/2029.

Historic Route 66 - 100 Years

Participants look for any sanctioned YRE, seasonal, or traditional event in the US on or near the path of Route 66. A stamp is needed from each state that has Route 66—IL, MO, KS, OK, TX, NM, AZ & CA.
Program runs 01/01/2027 – 12/31/2030.



THE DELTA TULE TREKKERS

Invite you to a **Spooky Walk**



Caswell Memorial State Park

28000 Austin Rd., Ripon, CA 95366

October 31, 2026



Sanction: #132746-2026

Start Time: 8:30 –12:00 noon **Finish** by 3:00 p.m.
Distances: 10K and 5K
Trail Rating: 10K 1-B and 5K 1-A
FEE: Credit only – $4.00
SPECIAL PROGRAMS: Par, R-to-T, Walk USA.

DESCRIPTION: Join us on a Halloween weekend walk through a forest of old oak trees, hanging vines, and wild grapes, along dirt & paved trails. ***Beware—ghosts & goblins may be lurking along the trails.*** A costume contest will be held around noon with prizes for the best and a barbecue from 11 a.m. to 2 p.m. Camping is available. There is a park entrance fee of $12 per car or $11 seniors. The entrance fee is included in the camping fee. Carpooling advised.

MISCELLANEOUS: Start point is Big Meadows Picnic Area. 5K walk suggested for wheelchairs and strollers. Water and restrooms are available at the start and along the trail. Dogs are allowed at the campsites, on leash, but not allowed on park trails.

CONTACT: Joan Sykes 915-479-1060
or the club website deltatuletrekkers.org.

DIRECTIONS: **Southbound**, follow Hwy 99 about 14 miles south of Stockton. Exit #240, Austin Rd. Exit and turn left on the frontage road to Austin Rd. Right on Austin Rd., over the railroad tracks and follow Austin Rd. six miles to the Park entrance. At entrance, go straight ahead to the Big Meadows Picnic area, 2nd road on left. **Northbound**: Exit #240 and turn left on Austin Rd., over railroad tracks six miles to Park entrance.

QTR EVENTS

*The **Placer Pacers** invite you to **walk** in **Grass Valley** CA.* **Saturday Nov. 7, 2026**

Sanction: #132747-2026

Start Location: Flour Garden Bakery 109 Neal St Grass Valley, CA 95945

Start time: 9am to noon. **Finish:** by 3pm.

Distance/Rating: 5k & 10k routes are 2B

Trail Description: Both routes will take you through the older parts of the city going by many historic churches plus tons of beautiful old Victorian homes. After your walk you can enjoy a number of great restaurants in town, including authentic meat pasties. The Empire Mine State Historic Park and the North Star Mining Museum are also in the area but not on the routes.

Registration Fees: All walkers $4.00. Donations appreciated.

Special Programs for both routes: Laby, Par, Step, USA (letter G), & Nevada County

Miscellaneous: Water and restrooms at the Start/Finish and along the trail. Pets are permitted on a leash with cleanup. Both walks are hard for strollers, but not suitable for wheelchairs.

Additional Information: Warren Tellefson 530-305-5479 e-mail: wtellefson@gmail.com

Directions: to the Flour Garden Bakery, 109 Neal St. Grass Valley, CA.

From Sacramento take I-80 heading towards Auburn. Take exit 119-B - CA 49 towards Grass Valley. Turn left onto Hwy 49. Stay on Hwy 49 north for about 23 miles. Take exit #182A for CA 174. Take the left 2 lanes to stay on the ramp to S. Auburn St. Turn left onto S. Auburn St. and go under the overpass. Then turn left onto Neal. Go a short distance, then turn left into the Safeway parking lot. The Flour Garden Bakery is right next to Safeway.



** REMINDER: 11/10 - Deadline for 1st Q 2027 COMPASS Articles**

WEBSITES

AVA: www.AVA.org

myAVA.org - personal account, OSB

CVA: www.cva4u.org

IVV: ivv-web.org

California Club Websites

CCBB: www.beachboardwalkers.org

DTT: www.DeltaTuleTrekkers.org

LDR: www.LowDesertRoadrunners.org

PP: www.PlacerPacers.org

SBS: www.SBStriders.org

SFBB:www.facebook.com/SanFranciscoBayBandits

SWS: www.SacramentoWalkingSticks.org

TTT:www.facebook.com/TahoeTrailTrekkers

VVV: www.VacaVolks.org

2026 Year-Round & Seasonal Event Changes Since the *COMPASS* Q3 Issue.

Call POC or check AVA Website (my.ava.org/events) for latest information and more detail. OSB = OnlineStart Box. Entries with OSB are online only. Go to my.ava.org to get started.

Changes are underlined.

Capitola - Co: SCruz - walk Secret Paths & Stairways (Y1183) start: OSB only, POC: Holly Pelking 408.859.7978 by SBS

Davis - Co: Yolo - Circle Davis Bike Tour (Y007), & 2 walks South Davis/El Macero (Y0617) & Southeast Tunnels & Bridges (Y1624), start: World Traveler Coffee Roasters, 2171 Covell Blvd., Davis, CA 95618, POC: Amul Purohit 530.400.1106 by SWS

Huntington Beach -- Co: Orng - Huntington Beach Pier walk (Y0899) , start: OSB only, POC: Kathy Bundy 951.218.3755 by LDR

Keene - Co: Kern - 2 walks: Cesar Chavez National Monument (Y3841) & Tehachapi Loop (Y3842) start : OSB only, POC: Cathy Pauley 915.479.1060. by CVA

San Diego - Co: SD - 3 walks Balboa Park/Downtown (Y0852), Harbor Island (Y1604) & Old Town (Y1426) start: OSB only, POC: Maureen Carlson 209.227.5319 by LDR

Stockton - Co: SJ - walk University Area (Y3745) start: McDonald's Hamburgers, 4515 Pacific Ave., Stockton, CA 95207, POC Joan Sykes 412.337.2538 by DTT

A Salute to Veterans: Alameda Naval Air Station
November 14, 2026

Sanction: #132852-2026



Start Location: Alameda Waterfront Park, 2151 Ferry Point, Alameda, CA 94501
Start: 9am to 12 pm **Finish**: 3pm
Distances: 5K and 10K **Rating:** 1A
Fees: $4 all walkers **Parking:** Free
Special Programs: PAR, RtoT, Step, Vet
Description: Walk the historic Alameda Naval Air Station (1940-1997). In 1936, the City of Alameda transferred the local airport site to the federal government for $1. In 1940, NAS Alameda was officially commissioned & opened for operations. Alameda NAS served as a massive deployment & maintenance hub for Pacific Fleet aircraft carriers (such as the USS Hornet & USS Enterprise). Following the war, NAS was active in Cold War Operations as an industrial & operational station with expansive aircraft overhaul & repair depots. The USS Hornet is now a museum & open for tours. The former NAS is now a hot spot for research & science companies and also home to a very popular area called Spirits Alley - wineries, breweries, & distilleries built inside old airplane hangars.
Miscellaneous: Restrooms & water at start & along the route. Both routes easy for both wheelchairs and strollers. Pets okay on leash with clean-up. **Free parking:** Alameda Seaplane Lagoon Ferry Terminal parking lot.

Directions: From I-80 W: Follow I-80 W, I-880 S to Exit 42 Broadway/Alameda. Continue on 5th St. Take CA-61 S/Webster St Tube to Webster St. Right on Ralph Appezato Memorial Parkway. Continue on W. Atlantic Avenue to Pan Am Way. Park will be on your left. **From South:** Follow I-880 N to 6th St in Oakland. Take exit 41B from I-880 N toward Broadway/Downtown. Continue on 6th St/Turn right on Broadway. Use middle lane to turn right on 7th St. Use the right 2 lanes to turn right on Webster St. Continue on CA-260 S/CA-61 S/Webster Street Tube to Webster St. Right on Ralph Appezato Memorial Parkway. Continue on W. Atlantic Avenue to Pan Am Way. Park will be on the left.

Contact: Priscilla Fife cell: 916-616-6003
email: sfbaybandits@aol.com

** DEADLINE: 11/15 - SUBSCRIBE for 4 COMPASS issue in 2027 **

QTR EVENTS



The Delta Tule Trekkers

Invite you to a

Christmas Walk at Sutter Creek

Sanction: **#132892-2026**

December 5, 2026

Registration/Start Location: Auditorium, 44 Main St. Parking lot behind the Auditorium. As you enter Sutter Creek, turn right on to Church St. and take first left on paved driveway to parking lot. Registration table will be on the right toward the ballfield.

Start time: 8:30 a.m. to noon.
Finish walk and check back in by 3 p.m.
Distance: 5k and 10k **Trail Ratings:** 2B – both.

Fee: Credit only $4.00
Special Programs: R-to-T, Step, Vet.

Description: A beautiful walk through a Gold Rush Era town filled with history. Miners Bend Park is along our route. There are some hilly streets giving our legs a bit of a stretch. Many unique shops are along the route for that special gift, as well as many eateries. The entire town will be decked out for the Holiday Season reminding us of the reason we celebrate this time of year.

Miscellaneous: Wheelchairs and strollers are not recommended for this walk. Restrooms and water at the start and along the route. Dogs welcome on leash with pick-up after them.

Contact: Wanda Martin, 209-565-7729, or e-mail president@deltatuletrekkers.org.

Directions: From Stockton, Hwy 99, Exit #255, follow Waterloo Rd., Hwy 88, East through Lockeford and Clements. A short distance past Clements, Hwy 88 will turn left. Continue on Hwy 88 about 15 miles to Ridge Rd. Hwy. 104 (traffic light). Left on Ridge Rd. one mile to Hwy 49. Left on Hwy 49 keeping in right-most lane a very short distance to Old Hwy 49. Right on Old Hwy 49 down into Sutter Creek, now on Main St. The City Hall-Auditorium is on the left, the corner of Church St. Turn Right on Church St. and left on first paved road down the hill to the parking lot. Look for AVA WALK sign. If parking lot is full, return to Main St., and turn right. Go over the bridge and right on Eureka St. to the parking lot on the other side of the pedestrian bridge.

LOOKING AHEAD TO 2027, WHAT'S ON YOUR BUCKET LIST?





Tahoma, Lake Tahoe-Ehrman Mansion

Anaheim-DISNEYLAND





Redding-Sundial Bridge



Monterey Peninsula-Lover's Point



Yosemite National Park-Half Dome

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For 2027
by November 15



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Questions? Call Jean Lucas 530.848.5362 or email jeanb@dcn.org





Great Gifts for Friends and Families:

- ❑ Anniversary
- ❑ Birthday
- ❑ Just because…



QTR EVENTS

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Stockton, CA 95215

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2026 Traditional Events for the Fourth Quarter

	Date		Club	Location	Co.
1	10/17	W	SCS	Sonoma County Stompers 35th Anniversary Walk in Sonoma	Son
2	10/24	W	CCBB	Cambria - Scarecrow Festival & Moonstone Beach	SLO
3	10/25	W	CCBB	Templeton - A Country Town with Wineries	SLO
4	10/31	W	DTT	Ripon - Spooky Walk in Caswell Memorial State Park	SJ
5	11/08	W	PP	Grass Valley Walk	Nev
	11/10		All	Article Deadline for 2027 Q1 *COMPASS*	
6	11/14	W	SFBB	Alameda Naval Air Station - A Salute to Veterans	Ala
	11/15		All	Subscription/Renewal deadline for the 2027 *COMPASS*	
7	12/05	W	DTT	Sutter Creek - A Christmas Walk	Ama

