

PROCEDURES: This event is open to everyone. Volkssports are noncompetitive events. Each participant, whether free or paid, must register and sign an Amateur Athletic Waiver and Release of Liability (Parent or Guardian must sign for a minor) at the start point. A control (start) card will be issued upon registration that must be carried during the walk, validated at control points along the route, and turned in at the finish upon completion of the walk. Children under 12 must be accompanied by an adult.

DISCLAIMER: The sponsors are not liable for accidents, thefts, and/or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

THE PLACERS PACERS: If you enjoy walking or hiking for exercise or pleasure, being outdoors, sightseeing, history, seeing new places and meeting nice people, you will love volkswalking and the Placer Pacers Volkssport Club. The PPs are one of several active walking clubs in Northern California and takes special pride in providing quality events throughout the area. Historic and scenic sites/trails provide the backdrop for these noncompetitive sporting events.

For additional fun, check out our Year-Round Walking Events and Biking Tours:

Auburn-Walk

Lincoln- Walk & (Bike) Tour

Rancho Cordova-Walk & Bike (Tour)

Roseville-2 Walks & 1 Bike (Tour)

Also, visit our website: www.placerpacers.org

***The Placer
Pacers***
invite you to *Join us for a*
*fun **walk** event in*
Grass Valley, California
on



November 7, 2026

5k & 10k (3.1 or 6.2 miles)



Sanction Number: #132747-2026



For more information on AVA visit: www.ava.org

START/FINISH TIMES: 9am to noon, finish by 3pm.

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RATING: Both routes are 2B.

START LOCATION: Flour Garden Bakery, 109 Neal St
Grass Valley, CA 95945

TRAIL DESCRIPTION: The 5K and 10K routes will take you through the older parts of the city going by a number of historic churches plus tons of beautiful old Victorian homes. After your walk you can enjoy a number of great restaurants in town, including authentic pasties. You may want to tour the Empire Mine State Historic Park and/or the North Star Mining Museum

AWARD: none

REGISTRATION FEES: All walkers \$4.00. Donations appreciated.

SPECIAL PROGRAMS for both routes: Walking the USA, A-Z (letter G), Par for the Course, Nevada County, & A-MAZ-ing Labyrinths, & Step to the Beat

MISCELLANEOUS: Water and restrooms at the Start/Finish & on the route. Pets are permitted on a leash with cleanup. Both walks are hard for strollers, but not suitable for wheelchairs. This walk event will take place regardless of the weather conditions.

STIPULATIONS: This event is sanctioned by the American Volkssport Association (AVA) a member of the International Federation of Popular Sports and counts towards the acquisition of IVV Achievement Awards. With registration for this event, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. This walk event will take place regardless of the weather conditions.

ADDITIONAL INFORMATION POC:

Warren Tellefson (530) 305-5479
wtellefson@gmail.com

DIRECTIONS: to the Flour Garden Bakery, 109 Neal St. Grass Valley, CA. From Sacramento take I-80 heading towards Auburn. Take exit 119-B - CA 49 towards Grass Valley. Turn left onto Hwy 49. Stay on Hwy 49 north for about 23 miles. Take exit #182A for CA 174. Take the left 2 lanes to stay on the ramp to S. Auburn St. Turn left onto S. Auburn St. and go under the overpass. Then turn left onto Neal. Go a short distance, then turn left into the Safeway parking lot. The Flour Garden Bakery is right next to Safeway.

